

SUGGESTED USAGE: Take 3 capsules daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Glucosamine is an essential substrate for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue.* Proteoglycans and GAGs trap and hold water, forming a dense fluid cushion within the joint for lubrication and shock absorption.* Methylsulfonylmethane (MSM) is a natural source of organic sulfur, a mineral necessary for the production of proteoglycans.* This formula supports healthy joint structure and function and, unlike most Glucosamine products, Vegetarian Glucosamine & MSM is suitable for vegetarians and vegans.*

CAUTIONS/INTERACTIONS: MSM is generally well tolerated with no known drug interactions. Pregnant/nursing women, as well as individuals with glaucoma should consult their healthcare practitioner before taking MSM. Some reports state that MSM has been detected in proton magnetic resonance spectroscopy imagery of the brain and cerebral fluid; these observations were not related to any clinical manifestation related to the intake of MSM. Mild transient gastrointestinal manifestations may occur. May interact with anticoagulant/antiplatelet agents.

Do not eat freshness packet. Keep in bottle.

CODE
P3130C
V5



PROTOCOL
FOR LIFE BALANCE®

Vegetarian Glucosamine & MSM

- Joint Health*
- Supports Healthy Joint Function*



120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 3 Veg Capsules
Servings Per Container 40

Amount Per Serving

GreenGrown® Glucosamine HCl	1.5 g (1,500 mg)*
MSM (Methylsulfonylmethane)	1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

The Glucosamine used in this product is derived from a non-GMO corn source.

GreenGrown® is a registered trademark of Ethical Naturals, Inc.

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.