

SPRING

VALLEY®

VITAMIN #1 BRAND

3
PER DAYNo Fish
Burps

Enteric Coated

Fish Oil
1200 mg360 mg
Omega-3**HEART HEALTH***

Dietary Supplement

100 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%††
Polyunsaturated Fat	0.5 g	†††
Cholesterol	5 mg	2%
Fish Oil	1,200 mg (1.2 g)	†††
provides 360 mg of Total Omega-3 Fatty Acids† comprising of:		
EPA (Eicosapentaenoic Acid)		†††
DHA (Docosahexaenoic Acid)		†††
Other Fatty Acids		†††

††Percent Daily Values are based on a 2,000 calorie diet.

†††Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Food Glaze, Hypromellose. Contains <2% of: Acacia, Artificial Vanilla Flavor, Carnauba Wax, Enteric Coating (Sodium Alginate and Stearic Acid), Ethylcellulose, Maltodextrin, Medium Chain Triglycerides, Mixed Natural Tocopherols, Polysorbate 80, Silicon Dioxide, Triacetin.

Contains fish (anchovy, mackerel, sardine) ingredients.

Product of Peru

†As Natural Triglycerides

Spring Valley Fish Oil supports a healthy heart and joints.*

SUGGESTED USE: For adults, take one (1) softgel three times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

MEG-3® is verified by the US Pharmacopeia (USP).

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Purified to Eliminate Mercury

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Sugar, No Artificial Color.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MANUFACTURED BY:

US Nutrition, Inc.
Bohemia, NY 11716-2510, USA
Questions or Comments?
Call 1-866-607-0342



UNCONDITIONALLY GUARANTEED BY
REFUND OR REPLACEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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