

Premium Herbal Formulas

FLORA

Certified Organic
FloraLax[®]

*All Natural Fiber Formula
Flax Seed, Psyllium Husks,
& Oat Bran*

Dietary Supplement

NET WT.

7 oz. (198 g)



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Supplement Facts

Serving Size 1 tbsp. (5 g)
Servings Per Container about 39

Amount Per Serving	% Daily Value
Calories 30	Calories from fat 5
Total Fat 0.5 g	1 %*
Total Carbohydrate 4 g	1 %*
Dietary Fiber 4 g	17 %*
Protein 1 g	
A Proprietary Blend of 5 g	
Defatted Flax Seed	†
Psyllium Husks	†
Oat Bran	†

* Percent Daily Values based on a 2,000 calorie diet.

† Daily Value not established

Ingredients: Organic defatted flax seed, organic psyllium seed husks, and organic oat bran.

MANUFACTURED BY FLORA INC.,
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68027-R05
CERTIFIED ORGANIC BY QAI

LOT :

BEST BEFORE :



FloraLax[®] provides a good source of high-quality, all-natural fiber to bring gentle relief for those experiencing occasional constipation.* Taken on a daily basis the soluble fiber in FloraLax[®] which comes from organic flax seeds, organic psyllium husks, and organic oat bran helps maintain bowel regularity by absorbing water, bulking stools, and cleaning out the digestive tract.*

SUGGESTED USE: Take 1 tablespoon up to 3 times daily in at least 8 oz. of water or juice. Mix well and drink immediately. For a tasty alternative, add to yogurt or cereal, or sprinkle on soups and salads. Drink plenty of fluids. Store in a cool, dry place.

Keep out of reach of children. Sealed for your protection. Do not use if seal is broken.

CAUTION: Consult a health care practitioner prior to use if experiencing abdominal pain, nausea, vomiting, or are pregnant.

This product is sold by weight, not volume.

No additives, colorings or artificial preservatives.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.