

**SUGGESTED USAGE:** Take 1 capsule 1 to 2 times daily, with or between meals, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Bromelain is a proteolytic (protein-digesting) enzyme derived from the pineapple plant.\* It is functional throughout a wide pH range and does not lose its activity as it goes through the acidic environment of the stomach.\* Scientific studies indicate that Bromelain is highly bioavailable and may help to alleviate normal transient pain and discomfort associated with occasional overuse.\* This product has 500 mg of natural Bromelain per capsule and is suitable for vegetarians.

**CAUTIONS/INTERACTIONS:** Do not use if you have a pineapple allergy. Bromelain may interact with anticoagulants and other blood thinning medications, as well as with certain antibiotics, including tetracycline and amoxicillin. Consult your healthcare practitioner before taking this product if you are pregnant/nursing, taking these or other medications, have a medical condition, or plan to have surgery.

CODE  
P2943B  
V8



**PROTOCOL**  
**FOR LIFE BALANCE®**

**Bromelain**  
**2400 GDU/g**  
**500 mg**

**Protein Digesting Enzyme\***

**90 Veg Capsules**

A Dietary Supplement Vegetarian/Vegan

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Bromelain (2400 GDU/g)† (from Pineapple) 500 mg\*

\* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.  
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

† Gelatin Digesting Units – a measure of proteolytic (protein digesting) activity.

Natural color variation may occur in this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.