

1.800.446.2110
www.florahealth.com



Pure Premium Oil

Flora Flax Oil is pressed from certified organic flax seeds (third party certification) that have been carefully selected for flavor and maturity. Each and every batch of flax seed is also tested to ensure it is gluten-free. Flora's Flax Oil has been non-GMO Project Verified in order to ensure the safest, highest quality oil possible.

The seeds are pressed in a state-of-the-art, low-heat, light- and oxygen-free environment—then bottled in light-resistant, amber glass to ensure maximum nutritional value and freshness. Flora Flax Oil is a source of omega-3 and omega-6 essential fatty acids (EFA) for the maintenance of good health.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

meadows; flowers in June.

s:—This is under the

y saith, that the powder

or the decoction of

pings and stranglings in

er they are full of pains

taketh them away. The

h liquore, this oil

for those that are short

troubled with the cough,

says, to be used with

those that are bitten or

ure, this oil will

the plague, the decoction

root being used to smei

he root taketh away the

ad, taketh away the pains

rheum and thin distilla-

hite, and the dimness of

eth, the dimness of

web therein. It is of

y inward sores or wounds,

wounds, and draweth any

Certified Organic Flax Oil

Cold-Pressed & Unrefined
Non-GMO • Gluten-Free

Dietary Supplement

8.5 FL. OZ.
(250 mL)



Supplement Facts

Serving Size 1 Tbsp. (15 mL)

Servings Per Container about 16

Amount Per Serving	% Daily Value
--------------------	---------------

Calories 125	Calories from Fat 125
--------------	-----------------------

Total Fat 14 g	22%*
----------------	------

Saturated Fat 1 g	5%*
-------------------	-----

Trans Fat 0 g	†
---------------	---

Polyunsaturated Fat 9 g	†
-------------------------	---

Monounsaturated Fat 2.5 g	†
---------------------------	---

Omega-3 ALA (alpha-linolenic acid) 7 g	†
--	---

Omega-6 LA (linoleic acid) 2 g	†
--------------------------------	---

Omega-9 OA (oleic acid) 2.5 g	†
-------------------------------	---

† Daily Value not established.

* Percent Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Organic flax seed oil.
Nitrogen-flushed to maintain freshness.

MANUFACTURED BY:

FLORA, INC.,

805 E. BADGER RD.

LYNDEN, WA 98264

1.800.446.2110

CERTIFIED ORGANIC BY QAI

67900-R09



SUGGESTED USE: Shake well before using. Take 1 tbsp. up to 3 times daily. **FOR OPTIMUM FRESHNESS, KEEP PRODUCT REFRIGERATED** and use within 2 months after opening. Flax oil can be frozen to maintain freshness. It tastes delicious alone or may be combined with food such as salad dressings, sauces, power shakes, on vegetables, or spread on bread. **DO NOT** heat above 300° F or use for frying.

Security sealed for your protection. Do not use if seal is missing or damaged.