

100% Recycled Paperboard

To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.

31624-03 DT30



Green Tea Super Antioxidant

HELPS REDUCE FREE RADICALS*
CONTAINS CAFFEINE~HERBAL SUPPLEMENT

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201686

Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at www.yogiproductions.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproductions.com

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* recyclable
* non-irradiated
* oxygen-bleached tea bags
Please recycle this box.



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BEST BEFORE:



Yoga for Youthfulness

Sit in a comfortable position. Point index fingers forward and place right over left with the right hand facing downward and the left hand upward. Bring hands to diaphragm and slowly inhale through nose and exhale through mouth, directing air towards the tips of your index fingers. Breathe slowly in this position for 1 to 3 minutes and feel the energy circulate.

Before doing this exercise or participating in any exercise program, consult your physician.



Our story began in 1969 when Yogi Bhaajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



MADE WITH ORGANIC LEMON GRASS

Green Tea Super Antioxidant

HELPS REDUCE FREE RADICALS*

CONTAINS CAFFEINE~HERBAL SUPPLEMENT
16 TEA BAGS - NET WT 1.12 OZ (32g)

Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Grapeseed Extract	27 mg	†
Emblc Fruit (Amla) Extract	27 mg	†
Proprietary Blend of Herbs:	1,946 mg	
Organic Lemongrass		†
Organic Green Tea Leaf		†
Organic Licorice Root		†
Jasmine Green Tea Leaf		†
Organic Alfalfa Leaf		†
Organic Burdock Root		†
Organic Dandelion Root		†
Organic Irish Moss		†

† Daily Value not established.

Each tea bag contains approximately 21 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC
Springfield, Oregon 97477
Certified Organic by QAI, Inc.



MADE WITH ORGANIC LEMON GRASS

VEGAN

RECYCLABLE

COMPOSTABLE TEA BAGS

Certified B Corporation

Meet Our Green Tea Super Antioxidant

Antioxidants help combat the effects of free radicals, those unstable molecules produced in the body as by-products of aging, pollution and stress. Our special formulation of

Organic Green Tea along with Grapeseed and Amla Extracts supplies naturally potent antioxidants which help to reduce free radicals. Organic Lemongrass adds bright, citrus flavor, while Licorice and Jasmine Green Tea lend sweet and floral notes. So relax and rejuvenate with a cup of Green Tea Super Antioxidant.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup
Bring water just to boiling and steep 3 minutes.
Enjoy 1 to 3 cups throughout the day.