

Schiff
SINCE 1946

Move Free[®]

JOINT HEALTH

**GLUCOSAMINE
CHONDROITIN
MSM & Vitamin D3**



Flexibility | Comfort | Lubrication
Plus BONE Support*

DIETARY
SUPPLEMENT

80 2 PER DAY
COATED TABLETS

Directions: For best results, take two (2) tablets all at once with a meal, **OR** one (1) tablet twice daily with meals.

Supplement Facts

Serving Size Two (2) Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Glucosamine Hydrochloride	1.5 g (1500 mg)	*
MSM (methylsulfonylmethane)	750 mg	*
Uniflex (FruiteX-B Calcium Fructoborate)	216 mg	*
Chondroitin Sulfate	200 mg	*
Joint Fluid (Hyaluronic Acid)	3.3 mg	*

*Daily Value not established.

Other Ingredients: cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium trisilicate, glycerin), hydroxypropyl cellulose, croscarmellose sodium, maltodextrin, magnesium stearate, silicon dioxide. Contains shellfish (shrimp, crab, lobster and crayfish).

Manufactured by: Reckitt Benckiser
Parsippany, NJ 07054-0224
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For information call: 1-800-526-6251

Visit MoveFree.com for Joint Health and Fitness Tips

Chondroitin Sulfate is derived from bovine and porcine sources.

Note: If pregnant, lactating or on prescribed medication, consult your physician before using.

GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.



the MSM in this product, is a registered trademark of Bergstrom Nutrition.



FruiteX-B[®] Calcium Fructoborate is a registered trademark of VDF FutureCeuticals, Inc. FruiteX-B[®] Calcium Fructoborate is manufactured under US Patent #5,962,049 and pending foreign patents. Used under license from VDF FutureCeuticals, Inc.



**GLUCOSAMINE
CHONDROITIN
MSM & Vitamin D3**

Our Move Free[®] Plus MSM & Vitamin D3 formula contains premium-quality ingredients to comfort your joints with just two tablets per day:

UNIFLEX[®]: A clinically tested mineral complex found naturally in fruits and vegetables that is patented to deliver protection and comfort of joints.*¹

JOINT FLUID: Helps to lubricate, rejuvenate, re-hydrate and repair joints.* Clinical studies show that oral hyaluronic acid is absorbed into joints. (Balogh, L. et al., *J Ag Food Chem* 2008)



GLUCOSAMINE: Helps by strengthening, protecting and rebuilding joints.*

CHONDROITIN: Assists in lubricating and cushioning joints.*

METHYLSULFONYLMETHANE (MSM): A natural source of sulfur found in the body which is important in the formation of collagen in joints.

VITAMIN D3: To promote healthier joint cartilage.*



Schiff[®] SURE DISSOLVE tablets are formulated to disintegrate within one hour.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



**GLUCOSAMINE
CHONDROITIN
MSM & Vitamin D3**

We're dedicated to finding the most effective ways to help people move better and feel better. Move Free's formula takes Glucosamine/Chondroitin to the next level by adding Uniflex[®], Hyaluronic Acid, MSM and Vitamin D. So, it actually helps improve your joint health.*

WITH THE BENEFITS OF VITAMIN D3

Vitamin D3 helps your overall bone health and your joint movement in two significant ways: first, Vitamin D3 helps your bones absorb calcium better and second, it helps your bones retain the calcium already in them.* This is very important because as we age our bones lose calcium.



ACTUAL
SIZE

**MOVE BETTER, FEEL BETTER[®] WITH
Move Free[®]**

**PROUD SPONSOR
of the**



Schiff[®], the maker of Move Free[®], is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-568-4045 or www.arthritis.org

1 Am. J. Biomed. Sci. 2012, 4(2), 111-122.

