

1.800.446.2110
www.florahealth.com



Premium Herbal Formulas



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LOT:

BEST BEFORE:

The oil in Flax-O-Mega® softgels is cold-pressed and unrefined from the highest quality, certified organic flax seeds available. It is carefully extracted in a low-heat (below 40°C), light- and oxygen-free environment. Flax-O-Mega® provides 1400 mg of omega 3 and omega 6 essential fatty acids per serving. These two EFAs are important for proper immune system development, digestive support, healthy brain function, and cardiovascular health.* Flax oil also helps maintain soft and smooth skin.* Flora tests every batch of flax seeds to make sure they're free of gluten.

What are GreenCaps?

GreenCaps are new and innovative vegetarian softgels that replace animal-based gelatin caps.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

moist meadows; flowers in June.

VERTUES. This is under the

Pliny with the powder

drink, of the oil in the so

all stoppings and stranglings in

, whether they proceed of pain

, and taketh the powder

led with liquorice, raisins, and

good for those that are short

that are troubled with the cough,

the passages, and to be

given to those that are bitten or

us creature, being boiled in wine

against the plague, the infection

and the powder used to smell

to the head, may stay the pain

stayeth rheums and thin distilla

ed in white wine, and the drop

Flax-O-Mega®

Premium Cold-Pressed
Flax Seed Oil • Omega 3 & 6
Non-GMO • Gluten-Free

Dietary Supplement



180 SOFTGELS



Supplement Facts

Serving Size 2 capsules (1000 mg ea)

Servings Per Container 90

Amount Per Serving	% Daily Value
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Calories 20	Calories from fat 20
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Total Fat 2 g	3 %*
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Saturated Fat 0 g	0 %*
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Polyunsaturated Fat 1.5 g	†
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Linolenic acid (omega 3) 1,100 mg	†
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Linoleic acid (omega 6) 300 mg	†
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Oleic acid (omega 9) 300 mg	†
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† Daily Value not established.

* Percent Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Flax seed oil in softgel of modified corn starch, glycerin, sorbitol, carrageenan (seaweed extract), caramel color, and purified water.

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805 E. BADGER RD.,
LYNDEN, WA 98264 1.800.446.2110
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SUGGESTED USE: Take 2 capsules three times a day with meals. Store in a cool, dry place. Keep out of reach of children.

Security sealed for your protection. Do not use if seal is missing or damaged.