

ITEM #390

Tracking #40021002

Directions: Take one tablet daily as needed, preferably at bedtime, as a dietary supplement, or as directed by a health-care professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN U.S.A.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MELATONIN

3 MG

DIETARY SUPPLEMENT
100 TABLETS

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving
Melatonin	3 mg*

*Daily value not established.

Other ingredients: dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate and silica.

Melatonin may cause drowsiness if taken during the day. Do not take if you have an autoimmune disorder. If you are taking any medications, discuss taking melatonin with your physician prior to taking this product. Do not take if you are pregnant or lactating.

NO SUGAR, STARCH, CORN, WHEAT, MILK, SOY,
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

Helps Promote Sleep†

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For more info visit www.windmillvitamins.com