



Suggested usage: Mix one scoop of **FRUIT BLAST™ the Isolate** per 8 ounces (250 ml) of water. Use more or less water to reach desired taste.

4EVER FIT's FRUIT BLAST™ the Isolate uses a unique combination of cross-flow ultrafiltration and advanced microfiltration. This gentle process ensures that the proteins are not denatured and allows the whey proteins to be recovered in their natural proportions in the final product. **FRUIT BLAST™** delivers the highest Branch Chain Amino Acid (BCAA) profile and is rapidly absorbed for powerful and effective lean muscle gain. Each serving contains 25 grams of protein, ZERO trans fat and no added carbohydrates. It's perfect for any low-carb diet plan.

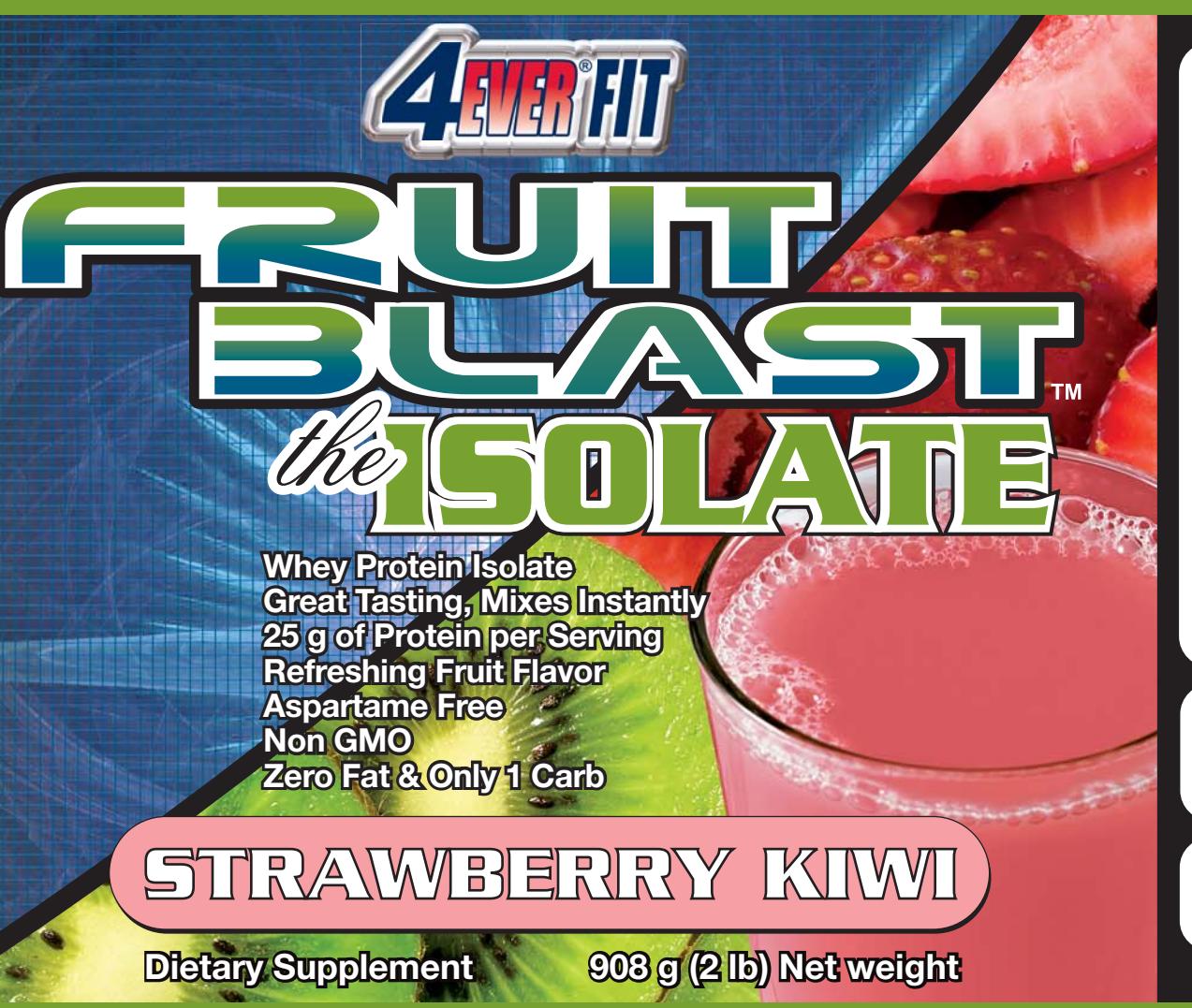
FRUIT BLAST™ the Isolate supplies your body with whey fractions that include glycomacropeptide, alpha-lactalbumin, beta-lactoglobulin and immunoglobulins. These valuable fractions support the immune system, assist recovery and boost essential amino acid content. **FRUIT BLAST™** provides maximum nutrient utilization with none of the digestive system discomfort that can be caused by lower-quality proteins. Low in calories and lactose, **FRUIT BLAST™** should be appropriate for anyone with milk allergies.

The best-tasting protein also mixes with a spoon. Mix one or two scoops of **FRUIT BLAST™ the Isolate** with cold water to make a delicious and refreshing protein drink. Use milk or juice to create a thicker smoothie-style drink. **FRUIT BLAST™** is completely soluble, so there's no need for a blender or any messy clean-up. Scoop, mix and enjoy! Who knew staying fit could taste this good?

Notice: Use this product as a food supplement only. Do not use for weight reduction. Keep out of direct sunlight and store in a cool, dark place. This product is packed by weight, not volume. Some settling may occur.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WHEY ISOLATE



Supplement Facts

Serving Size: 1 scoop (30 grams)
Servings Per Container: About 30

Amount per serving	
Calories	110 Cal
Calories from Fat	0 Cal
% of Daily Values*	
Total Fat 0 g	0 %
Saturated Fat 0 g	
+ Trans Fat 0 g	0 %
Cholesterol 0 mg	0 %
Total Carbohydrate 1 g	0 %
Sugars 0 g	
Protein 25 g	50 %
Calcium 148 mg	15 %
Sodium 50 mg	2 %
Potassium 110 mg	3 %

* Percent Daily Values are based on a 2 000 Calorie Diet

Ingredients: Whey Protein Isolate*, Citric Acid, Natural and Artificial Flavors, Soy Lecithin, Acesulfame Potassium, Sucralose, FD&C Red No. 40. **Contains Milk.**

* Cold cross-flow ultra filtered and advance micro-filtered.

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Manufactured exclusively for and distributed by
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Littleton, CO
80125, USA
1.888.270.2121

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