



To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.



Green Tea Energy™

SUPPORTS STAMINA\*

CONTAINS CAFFEINE~HERBAL SUPPLEMENT

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2017E6

Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at [www.yogiproductions.com](http://www.yogiproductions.com)

YOGI®  
A product of East West Tea Company, LLC  
950 International Way, Springfield, OR 97477, U.S.A.  
[www.yogiproductions.com](http://www.yogiproductions.com)

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BEST BEFORE:



## Yoga to Get Fired Up

Sit cross-legged or in a chair with feet flat. Clasp your hands together and lock your thumbs. Hold hands in front of your heart center. Inhale 3 short breaths through mouth and then exhale 1 long breath through nose. Tighten and relax the grip of your hands to the rhythm of your breath. Continue for 1 to 3 minutes and feel the energy circulate!

Before doing this exercise or participating in any exercise program, consult your physician.



Our story began in 1969 when Yogi Bhañan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



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16 TEA BAGS - NET WT .92 OZ (26g)

## Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

|                             | Amount Per Tea Bag | % Daily Value |
|-----------------------------|--------------------|---------------|
| Proprietary Blend of Herbs: | 1,625 mg           |               |
| Organic Green Tea Leaf      |                    | †             |
| Organic Lemongrass          |                    | †             |
| Organic Panax Ginseng Root  |                    | †             |
| Organic Eleuthero Root      |                    | †             |
| Organic Spearmint Leaf      |                    | †             |
| Organic Kombucha            |                    | †             |

† Daily Value not established.

Each tea bag contains approximately 35 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC  
Springfield, Oregon 97477  
Certified Organic by QAI, Inc.



## Invigorate with Green Tea Energy™

Blending herbs that can help promote greater energy and well-being, our special formula contains smooth Organic Green Tea, that supplies antioxidants which can help protect the cells in the body. We then add Eleuthero Root along with Panax Ginseng Root, herbs traditionally used to support stamina. Lemongrass and Spearmint impart crisp, refreshing flavor and round out this harmonious blend. Enjoy this invigorating and full-flavored green tea throughout the day to support your energy and well-being.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup  
Bring water just to boiling and steep 3 minutes.  
Enjoy 2 to 4 cups throughout the day.