

**SUGGESTED USAGE:** Take 1 softgel 1 to 3 times daily with food, or as directed by your healthcare practitioner.

**Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.**

**HOW IT WORKS:** The Omega-3 Fatty Acids (FAs) abundant in fish oils are known to participate in the modulation of signaling molecules involved in many biological functions that are critical for the maintenance of cardiovascular health, immune system function, and joint function.\* In addition, Omega-3 FAs are essential for the health of neuronal tissues, including the brain, and have been shown to play a role in both mood and cognition.\* This highly purified fish oil concentrate is produced under stringent quality control standards and is tested to be free of potentially harmful levels of environmental contaminants and heavy metals like mercury. Those who experience upper GI manifestations from other fish oils should find this enteric coated, odor controlled softgel easier to tolerate.\*

**CAUTIONS/INTERACTIONS:** Omega-3 FAs may interact with NSAIDs, anticoagulants and antiplatelet drugs and could theoretically increase the bleeding risk in some individuals. Theoretically, Omega-3 FAs could interact with antihypertensive agents and cyclosporine. Consult your healthcare practitioner if you are taking any of these or other medications or if you plan to have surgery.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do not eat freshness packets. Keep in bottle.

CODE  
P1656  
V5



**PROTOCOL**  
FOR LIFE BALANCE®

Molecularly Distilled

**Omega-3**

Odor Controlled - Enteric Coated

- 180 EPA / 120 DHA
- Supports Cardiovascular Health\*

90 Softgels

A Dietary Supplement CHOLESTEROL-FREE

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Saturated Fat	< 0.5 g	2%*
Polyunsaturated Fat	0.5 g	†
Cholesterol	0 mg	0%
Natural Fish Oil Concentrate	1 g (1,000 mg)	†
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	180 mg	†
Docosahexaenoic Acid (DHA)	120 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, enteric coating, glycerin, water) and Vitamin E (as natural d-alpha tocopherol).

Contains fish (sardines, anchovies, mackerel). Vitamin E from soy.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.  
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Fish oil is product of Peru.

Not manufactured with yeast, wheat, gluten, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.