



To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.



Ginger

SUPPORTS DIGESTION*

CAFFEINE FREE ~ HERBAL SUPPLEMENT

To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.



2011888

Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at www.yogiproduts.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproduts.com

©2014 East West Tea Company, LLC



Inspire us and yourself at www.yogiproduts.com

Love our tea as much as we do or we'll gladly refund your money.

BEST BEFORE:



Yoga for Total Balance

Lie flat on your back. Inhale as you bring the right knee to the chest and the left arm overhead to the ground. Exhale and return to the starting position. Switch legs and arms. Continue this alternating movement for 1 to 3 minutes while taking deep, powerful breaths. Keep the energy flowing from the inside out.

Before doing this exercise or participating in any exercise program, consult your physician.



Our story began in 1969 when Yogi Bhaan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



Ginger

SUPPORTS DIGESTION*

CAFFEINE FREE
HERBAL SUPPLEMENT
16 TEA BAGS - NET WT 1.12 OZ (32g)



Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	2,000 mg	
Organic Ginger Root		†
Organic Lemongrass		†
Organic Licorice Root		†
Organic Peppermint Leaf		†
Organic Black Pepper		†

† Daily Value not established.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing.

East West Tea Company, LLC
Springfield, Oregon 97477
Certified Organic by QAI, Inc.



Savor the Tradition of Ginger Tea

For millennia, herbalists throughout the world have known of the rejuvenating, soothing and invigorating qualities of Ginger. Naturally warming, Ginger has a long history of use for supporting healthy digestion. Ayurvedic practitioners have used Ginger as a way of activating the body's internal energy which in turn can help promote balance and harmony. In our organic Ginger tea, we build on this tradition by adding a unique blend of herbs and spices to complement Ginger's piquant flavor. Yogi's Ginger tea offers a delicious and intriguing blend enjoyable any time of day.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup

Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. To support digestion, drink a cup with your meal, and repeat 15 to 20 minutes afterward.*