



Chakra Fact

OUR STRESS FORMULA focuses on the **THIRD EYE CHAKRA** (dark blue - soul envisioning). Indian shamans used Ashwagandha to balance the body, particularly when the body is under stress. This historic herb is known for its goodness as a refresher and has been referred to as the "Indian Ginseng," making this formula a perfect addition to our modern day hectic lives.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Non-GMO, No Gluten, No Wheat, No Milk, No Lactose, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Soy, No Starch, No Yeast, No Fish, Sodium Free.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAEHP (848-2435) or visit us at www.sundownnaturals.com

★ **Made In The USA** with select ingredients from around the world

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Prod. No. 53149

VEGETARIAN

SUNDOWN NATURALS

STRESS SUPPORT

Traditional Herbal Formula
For Occasional Stress & Promotes Well-Being*

90 Capsules / Dietary Supplement

100%
FREE OF



Gluten-Free

VEGETARIAN FORMULA

DIRECTIONS: FOR ADULTS, TAKE ONE (1) VEGETARIAN CAPSULE THREE TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Ashwagandha Extract (<i>Withania somnifera</i>) (root) (Standardized to contain 1.5% Withanolides, 11.25 mg)	750 mg **

**Daily Value not established.

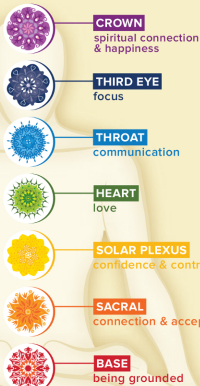
Other Ingredients: Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Prod. No. 53149
B53149 01B ©2017



WHAT ARE CHAKRAS? Chakras are seven major energy centers located along our spine to the crown of the head. When we experience stress or other environmental factors, the chakras can become blocked making our bodies' natural energies work too hard. Blocked chakras can manifest in physical, emotional, or spiritual issues. Keeping the chakras open and balanced keeps our energies flowing correctly and can help keep us healthy.



CROWN
spiritual connection & happiness

THIRD EYE
focus

THROAT
communication

HEART
love

SOLAR PLEXUS
confidence & control

SACRAL
connection & acceptance

BASE
being grounded



SUNDOWN NATURALS

STRESS SUPPORT

Traditional Herbal Formula
For Occasional Stress & Promotes Well-Being*

100%
FREE OF



Gluten-Free

VEGETARIAN FORMULA

90 Capsules / Dietary Supplement

Ayurvedic Inspired

AYURVEDA is the ancient Indian "science of life" that encompasses many aspects of health and wellness. Sundown Naturals Ayurvedic formulas are inspired by a rich thousand year old philosophy that relates imbalances in the mind, body, and soul to blocked energy forces within one of the seven major chakras.

Each Sundown Naturals® Ayurvedic formula is specifically engineered to balance out a chakra and holistically promote overall wellness.



Chakra Fact

OUR STRESS FORMULA focuses on the **THIRD EYE CHAKRA** (dark blue - soul envisioning). Indian shamans used Ashwagandha to balance the body, particularly when the body is under stress. This historic herb is known for its goodness as a refresher and has been referred to as the "Indian Ginseng," making this formula a perfect addition to our modern day hectic lives.



DIRECTIONS: FOR ADULTS, TAKE ONE (1) VEGETARIAN CAPSULE THREE TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Ashwagandha Extract (<i>Withania somnifera</i>) (root) (Standardized to contain 1.5% Withanolides, 11.25 mg)	750 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

Non-GMO, No Gluten, No Wheat, No Milk, No Lactose, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Soy, No Starch, No Yeast, No Fish, Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free 1-888-VITAEHP (848-2435) or visit us at www.sundownnaturals.com

★ **Made In The USA** with select ingredients from around the world

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA