

USAGE: Take 2 capsules per day with food or as directed by your qualified health care consultant. **DO NOT** take late in the day.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially blood-thinning medications), consult your health care practitioner before using this product.

Jarrow FORMULAS® BrainBoost™ combines clinically tested ingredients to deliver both short-term and long-term benefits. **Sharp-PS® GOLD** supplies the form of phosphatidylserine found naturally in the brain as a conjugated complex of DHA (omega-3) fatty acid as part of the triacylglycerol tail of the phosphatidylserine phospholipid. Phosphatidylserine is important for cell membrane fluidity and improves brain uptake of DHA.* **ChocoMind®** (from *Theobroma cacao*) is a patent-pending extract high in theobromine that has been shown to positively affect cognitive and motor functions, including reaction time.* **Vinpocetine** supports brain metabolism by increasing brain circulation, enhancing the cerebral synthesis of ATP, improving the utilization of oxygen and supporting the synthesis of several neurotransmitters that affect such critical brain functions as memory, recall, focus and mood.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Sharp-PS® GOLD is a registered trademark of Enzymotec, Ltd.
Lot #: Best Used Before:



Jarrow
FORMULAS®

BrainBoost™



**Supports
Focus,
Cognition
& Memory***

60 Vegetarian Capsules
Dietary Supplement

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
ChocoMind® (Chocamine® Plus extract of <i>Theobroma cacao</i>)	500 mg	*
Theobromine	60 mg	
Caffeine	40 mg	
Sharp-PS® GOLD (Conjugated phosphatidylserine (PS)-docosahexaenoic acid (DHA) standardized to 45% PS (100 mg) supplying 6 mg total DHA)	223 mg	*
Vinpocetine	5 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source), and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

Contains: Soy and fish (blue whiting and herring).

No wheat, no gluten, no dairy, no egg, no shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®
Superior Nutrition and Formulation™
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