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Puritan's Pride
OMEGA-3
Fish Oil 1000mg
300mg ACTIVE OMEGA-3

Purified to
eliminate mercury
Supports Heart Health*



100 rapid release
softgels

DIETARY SUPPLEMENT

TO REORDER ITEM # 3832

DIRECTIONS: For adults, take one (1) softgel
three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	↑ 10 mg	3%
Ester-Omega® Fish Oil ▲	1,000 mg (1 g)	***
provides 300 mg of Total Omega-3 Fatty Acids† comprising of:		***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.
Contains fish (anchovy, mackerel, sardine) ingredients.

Product of Peru

†As Natural Triglycerides

No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat,
No Yeast, No Shellfish. Sodium Free.

Puritan's Pride® Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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www.puritan.com
1-800-645-1030

Carefully Manufactured by
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