WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.



OMEGA 3 FISH OIL FROM SMALL FISH

PREBIOTIC FIBER

VITAMIN D AS D3

FOLATE AS METHYLFOLATE

B12 AS METHYLCOBALAMIN

IODINE

VITAMIN E FROM SUNFLOWER OIL

3 DELICIOUS FLAVORS LEMON, ORANGE, and STRAWRERRY BANANA





MULTIVITAMIN **OMEGA 3 FISH OIL FIBER** VITAMIN D3 and B12

DIETARY SUPPLEMENT

OUR GUMMY OBSESSION

We started SmartyPants because we believe the very best vitamins are all in one: premium ingredients delivered in a delicious package at a fair price. The people we care most about take these gummies, so we wake up every day trying to make them better and better. Our goal, good health for the real world. All of it.

Courtney & Gordon Co-CEOs



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FREE

GMO's, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. YAY! EVERY BATCH 3RD PARTY LAB TESTED

WARNING Keep out of reach of children. Take only as directed. Do not exceed recommended dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please consult your health care provider before use. Do not use if inner safety seal is broken. Discontinue use two weeks prior to surgery.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rev. CA 90292 USA

For Customer Support: 1-888-751-2291 CustomerService@SmartvPantsCorp.com www.SmartyPantsVitamins.com



MFG-3 MEG-3° is a trademark of DSM

METAFOLIN

Other Ingredients: Inulin (Chicory Root Fiber), Gelatin, Pectin, Citric Acid, Natural Flavors (Orange, Lemon, Strawberry Banana), Natural Colors Added (Annatto, Organic Turmeric, Organic Black Carrot Juice Concentrate). Medium Chain Triglycerides From Coconut Oil, Carnauba Wax and Lo Han Fruit Extract

Directions: For children 3 years of age and older, take two (2) gummies daily for the first week, four (4) gummies daily thereafter. May be taken with or without food. Chew each gummy thoroughly.

Supplement Facts

Serving Size 4 Gummies Servings Per Container about 22

Amount Per 4 Gummy Serving		% Da 3 Years of Age	ily Value 4 Years a Older
Calories	25		
Total Carbohydrate	7 g	**	2%†
Dietary Fiber	4 g	**	16%†
Soluble Fiber	4 g	**	**
Sugars	2 g	**	**
Vitamin A (as retinyl palmitate USP)	1000 IU	40%	20%
Vitamin C (as ascorbic acid USP)	40 mg	100%	67%
Vitamin D (as cholecalciferol USP)	600 IU	150%	150%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	20 IU	200%	67%
Thiamin (as thiamine mononitrate USP)	0.05 mg	7%	3%
Riboflavin	0.17 mg	21%	10%
Vitamin B-6 (as pyridoxine hydrochloride USP)	1.33 mg	190%	67%
Folate (as L-methylfolate, calcium salt)	267 mcg	134%	67%
Vitamin B-12 (as methylcobalamin)	67 mcg	2233%	1117%
Biotin USP	30 mcg	20%	10%
Pantothenic acid (as calcium D-pantothenate USP)	1 mg	20%	10%
Iodine (as potassium iodide USP)	100 mcg	143%	67%
Zinc (as zinc citrate USP)	3 mg	38%	20%
Sodium	20 mg	**	< 1%
Fish Oil	340 ma	**	**
Total Omega-3 Fatty Acids (typical values)	125 mg	**	**
EPA (Eicosapenteanoic Acid)	56 mg	**	**
DHA (Docosahexaenoic Acid)	44 mg	**	**
Choline (as choline citrate)	12 mg	**	**
Inositol FCC	20 mcg	**	**
† Percent Daily Value based on a 2,000 calorie diet. ** Daily Value not established.			

Essential Omega 3 Oils from Sustainable Fisheries