

SUGGESTED USAGE: Take 1 capsule daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Biotin is a water-soluble vitamin necessary for cell growth, the production of fatty acids, and the metabolism of fats and amino acids.* It also plays key roles in gluconeogenesis and fatty acid synthesis, and is therefore critical for maintaining proper glucose and lipid metabolism.* Biotin is also known to be important for healthy skin, hair and nails.*

CAUTIONS/INTERACTIONS: Certain anti-seizure medications (carbamazepine, phenobarbital, phenytoin, primidone, and valproic acid) and long-term antibiotic therapy may increase the body's need for biotin. If you are taking any of these medications, consult your healthcare practitioner before using this product.

Do Not Eat Freshness Packet. Keep in Bottle.

CODE
P0471
V5



PROTOCOL
FOR LIFE BALANCE®

Biotin

5,000 mcg

- Normal Glucose Metabolism*
- Healthy Hair, Skin & Nails*



90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Biotin	5 mg (5,000 mcg)	16,667%

Other ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.