

SUGGESTED USAGE: Take 2 capsules daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: As co-factors in numerous biochemical reactions, B Complex vitamins are critical for energy production and the proper metabolism of carbohydrates, fats, and proteins.* B Vitamins are also important for the maintenance of normal nervous system function, blood cell production, and countless other metabolic processes.* Our B Complex Neuro Factors has a balanced combination of B Vitamins in their activated CoEnzyme states. Acid-resistant capsules help to preserve ingredient integrity through the harsh acidic environment of the stomach for intact delivery to intestinal absorption sites.

CAUTIONS/INTERACTIONS: If you are pregnant/nursing, consult your healthcare practitioner before using this product.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not eat freshness packet. Keep in bottle.

Quatrefolic® is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.

CODE
P0406
V2



PROTOCOL
FOR LIFE BALANCE®

B Complex Neuro Factors

With Alpha Lipoic Acid
and CoQ₁₀

- Nervous System Health*
- Delayed-Release Capsules

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (from Magnesium Ascorbate)	60 mg	67%
Thiamin (Vit. B-1) (from Thiamin HCl and Cocarboxylase)	50 mg	4167%
Riboflavin (as Riboflavin & from Riboflavin-5-Phosphate Sodium)	50 mg	3846%
Niacin (Vitamin B-3) (from Inositol Hexanicotinate and NAD Trihydrate)	100 mg	625%
Vitamin B-6 (from Pyridoxine HCl and P-5-P Monohydrate)	50 mg	2941%
Folate [from Quatrefolic® (6S)-5-MTHF** Glucosamine Salt] [400 mcg (6S)-5-MTHF**]	667 mcg DFE	167%
Vitamin B-12 (as Methylcobalamin and Dibenzoide)	250 mcg	10,417%
Biotin	1,000 mcg	3333%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate and Pantethine)	50 mg	1000%
Choline (from Choline Bitartrate)	25 mg	5%
Betaine Anhydrous	50 mg	†
Alpha Lipoic Acid	50 mg	†
PABA (Para-Aminobenzoic Acid)	25 mg	†
Inositol (from Inositol Hexanicotinate, Inositol Hexaphosphate and Inositol)	30 mg	†
CoQ10 (Coenzyme Q10)	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule) (acid-resistant), Cellulose Powder, Stearic Acid (vegetable source) and Silica.

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**MTHF = Methyltetrahydrofolate

Natural color variation may occur in this product.