

SUGGESTED USAGE: Shake well before use. Spray 1 time under tongue, hold for 20 seconds and then swallow. Consume 1 to 2 times daily, or as directed by your healthcare practitioner. Best when taken with a fat-containing meal.

HOW IT WORKS: Both Vitamin D₃ and Vitamin K₂ are well known for their roles in the maintenance of skeletal health.* In addition, emerging research indicates that both of these vitamins are also important for a healthy cardiovascular system.*

CAUTIONS/INTERACTIONS: Vitamin K₂ may interact with anticoagulant medications. Vitamin D₃ supplements may interact with atorvastatin and thiazide diuretics. If you are taking anticoagulant or any other pharmaceutical medications, cardiac glycosides, high-doses of Vitamin E, or if you have any bleeding disorder or hypercalcemia, consult your healthcare practitioner before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PROTOCOL
FOR LIFE BALANCE®

Vitamins D₃ & K₂

Liposomal Spray

1,000 IU Vit D₃ & 100 mcg Vit K₂

- Supports Bone Health*
- Healthy Cardiovascular System*



2 FL. OZ. (59 mL)
A Dietary Supplement

Supplement Facts

Serving Size 1 Spray (~0.75 mL)
Servings Per Container ~79

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) (from Lanolin)	125%
Vitamin K ₂ (as Menaquinone-4) (MK-4)	100 mcg	83%

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, MCT Oil (medium chain triglycerides) (from coconut/palm kernel oil), Natural Fruit Flavors, Phospholipids (soy), Rosemary Extract (*Rosmarinus officinalis*) (Leaf), Potassium Sorbate (as preservative) and Citric Acid.

Protocol For Life Balance®
395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains Xylitol, do not feed to pets.

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