

Directions: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.

MADE IN THE U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NO SUGAR, STARCH, WHEAT, MILK, SOY,
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

FOODS PLUS.

Since 1962

Milk Thistle

140 mg

PRESERVATIVE FREE
NON GMO
GLUTEN-FREE

4:1 extract

supports liver health†

60
TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Milk Thistle seed (4:1 extract) <i>(Silybum marianum)</i> Equivalent to 560 mg whole herb	140 mg	*
Milk thistle seed	5 mg	*

*Daily value not established.

Other ingredients: Dicalcium phosphate, croscarmellose sodium, stearic acid, silica, magnesium stearate, and pharmaceutical glaze.

WARNING: Pregnant or lactating women should consult with their physician prior to taking this product.

Distributed by: Foods Plus®

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