

SUGGESTED USAGE: Take 1 softgel every 2 days with a fat-containing meal, or as directed by a healthcare practitioner.

HOW IT WORKS: The major biologic function of Vitamin D is to maintain healthy blood levels of calcium and phosphorus.* Vitamin D supports bone health by promoting calcium absorption and bone mineralization.* Vitamin D also plays an important role in immune function and helps to regulate cell growth and differentiation.*

CAUTIONS/INTERACTIONS: Although the Upper Limit for Vitamin D is 4,000 IU per day, comprehensive research demonstrates that higher dosages are safe. However, this product should be taken under the supervision of a healthcare professional. Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with atorvastatin and thiazide diuretics. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product.

CODE
P0372
V9



PROTOCOL
FOR LIFE BALANCE®

High Potency Vitamin D₃ 5,000 IU

- Helps Maintain Strong Bones*
- Supports Immune System*



120 Softgels
A Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	125 mcg (5,000 IU)	625%

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin) and Extra Virgin Olive Oil.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.