

FAKTRITION™ is a sports supplement brand that was developed by IFBB Pro Fakhri Mubarak. Fakhri has over 25 years of experience in the health and fitness industry. His credentials range from being a professional athlete, to one of the top nutritional coaches in the world. Faktrition was created to provide you with a brand based on integrity and trust. Our labels display full transparency. We do not use proprietary blends. "Labels Don't Lie!"

- IFBB PRO FAKHRI MUBARAK

FAKTRITION™ BCAA CMPLX is a proven blend of a 2:1:1 ratio of Leucine, Isoleucine, and Valine from InstAminos™. The key benefits are improving recovery time from intense exercise, stimulating protein synthesis for muscle growth, and helping limit muscle breakdown. Betaine was added at a studied dosage to produce lean mass and enhance fat loss. Cornerstone™ HICA was incorporated to promote recovery so you can train harder and longer without muscle soreness. To round out this unique BCAA, CocOrganic™ coconut water powder was added for natural electrolyte replenishment and muscle support.*

SUGGESTED USE: To experience the best results mix 1 full scoop in 12 to 16 oz of water and drink during training. An additional scoop can be used at any time of the day.

WARNING: Check with a qualified healthcare professional before taking this product. Do not use if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

FAKTRITION

**FULL TRANSPARENCY LABELS
NO PROPRIETARY BLENDS**

**BCAA
CMPLX**

AHEAD OF ITS TIME BCAA

INSTAMINOS
INSTANTIZED BCAAs

CocOrganic
ORGANIC COCONUT WATER POWDER

CORNERSTONE
HydroxyIsoCaproic Acid **HICA**

PROMOTES LEAN MASS *

BOOSTS FAT BURNING *

AIDS IN RECOVERY *

FRUIT PUNCH
NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT. 11.3oz (321 GRAMS)

**MADE IN
USA**
**GMP
CERTIFIED**

SUPPLEMENT FACTS

Serving Size: 1 Scoop (10.7g)
Servings Per Container: Approx.30

Amount Per Serving		%DV
Sodium (as Sodium Chloride)	60 mg	3%*
Potassium (as Potassium Chloride)	80 mg	2%
Magnesium (as Magnesium Gluconate)	8 mg	2%
Instantized BCAAs (as InstAminos™)		
L-Leucine	3000 mg	**
L-Isoleucine	1500 mg	**
L-Valine	1500 mg	**
Betaine Anhydrous	1500 mg	**
HICA (Alpha-Hydroxyisocaproic Acid)(as Cornerstone™)	750 mg	**
CocOrganic™ (Coconut Water Freeze Dried Powder) (Cocus nucifera)(coconut water concentrate)	500 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

OTHER INGREDIENTS: Citric acid, Natural & artificial flavors, Sucralose, Silica (anti-caking), Red #40.

Allergen Warning: Manufactured on equipment which also processes products containing Milk, Egg, Soy, & Wheat.

INSTAMINOS
INSTANTIZED BCAAs

is a trademark of Compound Solutions, Inc.

CocOrganic
ORGANIC COCONUT WATER POWDER

CORNERSTONE
HydroxyIsoCaproic Acid **HICA**

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