

**SOURCE NATURALS®**

DIETARY SUPPLEMENT

# MEGA STRENGTH BETA SITOSTEROL

**MAINTAINS HEALTHY  
CHOLESTEROL LEVELS\***

**375 MG • 60 TABLETS**

## Supplement Facts

### Serving Size 1 Tablet

|                         | Amount Per Serving | %DV |
|-------------------------|--------------------|-----|
| Calcium                 | 60 mg              | 6%  |
| Phytosterol Complex     | 937 mg             | †   |
| Yielding:               |                    |     |
| <i>beta</i> -Sitosterol | 375 mg             | †   |
| Campesterol             | 187 mg             | †   |
| Stigmasterol            | 131 mg             | †   |

†Daily Value not established.

Other ingredients: microcrystalline cellulose, dibasic calcium phosphate, hydroxypropyl cellulose, stearic acid, modified cellulose gum, magnesium stearate, and silica.

**Contains soy.**

**Suggested Use:** 1 tablet 3 times daily, just before or with any meal containing fat.

**WARNING:** Do not take this product if you have been diagnosed with sitosterolemia. If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Phytosterols are natural components of plants, including vegetables and grains. Numerous clinical studies have demonstrated that plant phytosterols can help to support healthy cholesterol levels already within the normal range. The three main phytosterols in phytosterol complex are *beta*-sitosterol, campesterol, and stigmasterol. They are natural, safe, and derived entirely from plant sources.\*

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:  
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