

Supplement Facts

Serving Size: 3 Soft Gel Capsules

Three (3) Capsules Provide	% DV
Vitamin A	3000 IU 60
Vitamin C	135 mg 225
Vitamin D	150 IU 38
Vitamin E	30 IU 100
Thiamine	15 mg 1000
Riboflavin	15 mg 882
Niacin	75 mg 375
Vitamin B-6	21 mg 1050
Folic Acid	400 mcg 100
Vitamin B-12	15 mcg 250
Biotin	300 mcg 100
Pantothenic Acid	18 mg 180
Calcium	150 mg 15
Iron	9 mg 50

Three (3) Capsules Provide	% DV
Phosphorus	113.5 mg 11
Iodine	150 mcg 100
Magnesium	52.5 mg 13
Zinc	15 mg 100
Selenium	60 mcg 84
Copper	1 mg 50
Manganese	3 mg 150
Potassium	37.5 mg 1
Inositol	97.5 mg *
Lipase	100.5 mg *
PABA	45 mg *
Parsley	3 mg *
Acerola Extract	750 mcg *
Bee's Wax	30 mg *

Three (3) Capsules Provide	% DV
Safflower Oil	339 mg *
Wheat Germ Oil	150 mg *
Rice Bran Oil	150 mg *
Flax Seed Oil	1,150 mg *
Betaine HCl	15 mg *
Diatase	60 mg *
Choline	97.5 mg *
Lecithin	45 mg *
Trace Mineral	180 mg *
Concentrate (Great Salt Lake)	
Lutein	100 mcg *
Lycopene	100 mcg *

* Daily Value not established

Recommended Use: Take Three Softgel Capsules Daily.

Ingredients: Di-Calcium Phosphate, Safflower Oil, Potassium Gluconate, Niacinamide, Wheat Germ Oil, Rice Bran Oil, Flaxseed Oil, Choline Bitartrate, Lipase, Inositol, Kelp, Magnesium Oxide, Lecithin, Para Aminobenzoic Acid, Malt Diastase, D-Alpha Tocopherol, Ascorbic Acid, Yellow Beeswax, D-Calcium Pantothenate, Ferrous Fumarate, Pyridoxine Hydrochloride, Manganese Gluconate, Thiamine Mononitrate, Zinc Oxide, Selenium, Riboflavin, Beta Carotene, Betaine Hydrochloride, Cholecalciferol (D3), Copper Sulfate, Biotin, Parsley Powder, Cobalamin, Acerola Extract, Folic Acid, Trace Mineral Concentrate, Lutein, Lycopene. Contains no added artificial preservatives or flavors.

Softgel Shell: Gelatin, Glycerin, Purified Water, St. John's Bread (Color).

Warning: Accidental Overdose of Iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of the reach of children. In case of accidental overdose, call doctor or poison control center immediately.

LOT 1157165
EXP 03 2017



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