

SUGGESTED USAGE: Take 1-2 tablets 1 to 4 times daily, or as directed by your healthcare practitioner.

Refrigeration recommended after opening.

HOW IT WORKS: SAME (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health.* Numerous studies have indicated that SAME can help to alleviate transient normal aches and pains resulting from overexertion or stress.* In addition, because SAME is also necessary for the synthesis of neurotransmitters, it plays an important role in the maintenance of a positive mood.*

CAUTIONS/INTERACTIONS: Theoretically, SAME could increase the effects and adverse effects of products that increase serotonin levels, including 5-hydroxytryptophan (5-HTP), Hawaiian baby woodrose, L-tryptophan, and St. John's wort. In addition, SAME may interact with MAO inhibitors, L-Dopa, antidepressants and other serotonergic drugs. Consult healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition, especially bipolar or anxiety disorders.

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

CODE
P0138B
V8



**PROTOCOL
FOR LIFE BALANCE®**

**SAMe
200 mg**

- Supports Nervous System and Joint Health*
- Enteric Coated

60 Tablets

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	4 mg	235%
Folate	800 mcg DFE (400 mcg folic acid)	200%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	4167%
SAMe (S-Adenosyl-L-Methionine) (from S-Adenosyl-L-Methionine Disulfate Tosylate)	400 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica, Stearic Acid (vegetable source), Ascorbic Acid, Citric Acid and Enteric Coating (water, methacrylic acid, methyl methacrylate, glycerin).

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Do Not Eat Freshness Packets. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.