

SUGGESTED USAGE: Take 1 capsule 1 to 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: L-Carnitine is a non-essential amino acid that is abundant in heart, muscle and liver tissues. It helps to maintain metabolic health by facilitating the transfer of long-chain fatty acids across the mitochondrial membrane for cellular energy production.* In addition, it thereby assists the body in using fat for energy.* It naturally occurs in red meat and other animal source foods, but some people may have an increased need for dietary L-Carnitine due to high fat and vegetarian diets. Clinical studies indicate that L-Carnitine may promote exercise performance and recovery.*

CAUTIONS/INTERACTIONS: Mild gastrointestinal symptoms have been reported at higher levels of intake. Individuals with thyroid disease, or taking thyroid hormone replacement should consult a physician prior to using L-carnitine. It may also interact with anti-arrhythmic drugs, such as propafenone and mexiletine, as well as anticoagulant medications. Pregnant/nursing women should consult their healthcare practitioner before taking this product.

Do Not Eat Freshness Packet. Keep in Bottle.

CODE
P0072
V7



**PROTOCOL
FOR LIFE BALANCE®**

L-Carnitine 500 mg

- Transports Fatty Acids*
- Boosts Cellular Energy*

Carnipure™



60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Carnitine (Carnipure™) (from L-Carnitine Tartrate)	500 mg*
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* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.