

SOURCE NATURALS®

DIETARY SUPPLEMENT

GLYCINE

500 MG • 200 CAPSULES



Supplement Facts
Serving Size 2 Capsules
Servings Per Container 100

Amount Per Serving	
Calories	5
Glycine	1 g†
†Daily Value not established.	

Other ingredients: gelatin (capsule), microcrystalline cellulose, silica, and magnesium stearate.

Glycine is a non-essential amino acid that has one of the simplest structures of all the amino acids. Glycine is found in proteins of all life forms, and is important in the synthesis of proteins as well as adenosine triphosphate (ATP).*

Suggested Use: 2 capsules 1 to 2 times daily.

CAUTION: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. If you have kidney or liver disease or are anuric, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1605 REV H151

Manufactured for:
© SOURCE NATURALS, INC.
P.O. BOX 2118
SANTA CRUZ, CA 95062
www.sourcenaturals.com

