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Puritan's Pride

STRENGTH

## **UMEGA-3** Fish Oil 1360mg

950mg ACTIVE OMEGA-3

Purified to eliminate mercury



DIETARY SUPPLEMENT

## TO REORDER ITEM # 16105

## **Supplement Facts**

Serving Size 1 Softgel

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Amount Per Serving		%Daily	Value
Calories	15		
Calories from Fat	10		
Total Fat	1.5	g	2%**
Polyunsaturated Fat	1.5	g	***
Cholesterol	5	mg	2%
Ester-Omega® Fish Oil	1,360	mg (1.36 g)	***

provides 950 mg of Total Omega-3 Fatty Acids† comprising of: EPA (Eicosapentaenoic Acid) 625 mg DHA (Docosahexaenoic Acid) 244 mg Other Fatty Acids

\*\*Percent Daily Values are based on a 2,000 calorie diet. \*\*\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols,

Contains fish (anchow, mackerel, sardine) ingredients. tAs Ethyl Esters

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free,

DIRECTIONS: For adults, take one (1) softgel daily. preferably with a meal. To maximize your intake of Omega-3 Oils, take up to two (2) softgels daily.

Puritan's Pride® supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinner, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or =

'This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 16105 www.puritan.com 1-800-645-1030

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