



Scoop Included



Magnesium Carbonate 29% Powder

Food/Dietary Supplement



Suggested Use: Dissolve 1/2 teaspoon in boiling water and allow to cool before consuming. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) 1/2 teaspoon Servings Per Container = Varied

Amount Per Serving

% Daily Value

Magnesium (Magnesium Carbonate 29%)	185mg	46%
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Other Ingredients: None

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy.

Food supplements should not be used as a substitute for a varied diet.

440 Kings Village Rd. Scotts Valley, CA 95066
In case of adverse event call 855-885-2855