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Item No. 15219



Magnesium Citrate

100mg

200 rapid release capsules dietary supplement

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DIRECTIONS: For adults, take one (1) capsule four times daily, preferably with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value	
Magnesium	100 mg	25%
(as Magnesium Citrate)		

Other Ingredients: Gelatin, Vegetable Cellulose, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener,
No Preservatives, **No** Sugar, **No** Starch,
No Milk, **No** Lactose, **No** Soy, **No** Gluten,
No Wheat, **No** Yeast, **No** Fish. Sodium Free.

Puritan's Pride® Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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1-800-645-1030

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