

**DIRECTIONS:** (Adult) Take two (2) tablets in the morning and two (2) tablets in the afternoon with meals and a full glass of water. If caffeine keeps you up at night, do not take this product in the evening since it contains caffeine.

## Supplement Facts

Serving Size: 2 Tablets Servings per Container: 30

	Amount per Serving	%Daily Value
Iodine (from Kelp)	75 mcg	50%
Chromium (as Chromium Picolinate)	100 mcg	83%
<b>Thermogenic Tea Blend</b>	700 mg	†
Yerba Maté extract (20% caffeine)(leaf) (75mg of Caffeine), Green Tea extract (50% EGCG)(leaf), Matcha Tea powder (leaf), Rooibos Tea powder (leaf)		
<b>Energizing Adrenal Support Blend</b>	300 mg	†
Rhodiola (Rhodiola rosea) extract (3% rosvins)(root), Ashwagandha powder (root), Asian Ginseng powder (root)		
<b>Metabolic Thyroid Support Blend</b>	300 mg	†
L-Tyrosine, Guggul extract (10% guggulsterones)(gum), Kelp (Laminaria spp.) powder (0.15% Iodine)		
<b>Super Berry Antioxidant Blend</b>	250 mg	†
Acai (Euterpe oleracea) extract (4:1)(fruit), Coffee (Coffea robusta) Berry extract (10:1), Maqui (Aristotelia chilensis) Berry powder (fruit), Mulberry (Morus alba) Fruit powder, Yumberry (Myrica rubra) Juice extract (10:1)		

†Daily Value not established

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, tricalcium phosphate, silicon dioxide, magnesium stearate, sodium carboxymethylcellulose, dextrose, soy lecithin, sodium citrate and dextrin.

**Contains:** Soy, Crustacean Shellfish (lobster, crab, shrimp), Fish (anchovy, sardine)

**Usage Warnings:** Do not use if safety seal is broken. This product contains caffeine and may affect blood pressure and/or heart conditions. Check with your doctor before using the product if you are taking medication or have any medical conditions including hypertension and heart disease. Do not use if you are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**WARNING:** (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

**NOTICE:** For best results we recommend limiting the consumption of additional caffeine while using this product (e.g. maximum three 8 ounce cups of coffee per day).

DISTRIBUTED, FORMULATED and QUALITY TESTED by:  
Applied Nutrition®  
P.O. Box 66457, Los Angeles, CA 90066

Questions: Contact Nutritional Support 1-800-297-3273  
Weekdays 7:30AM to 4:30PM (PST) Questions@AppliedNutrition.com  
Diet & Exercise Plan available online at [www.AppliedNutrition.com/deplan](http://www.AppliedNutrition.com/deplan)

To join our Wellness Club and receive tips on how to improve your health, please visit us at: [www.AppliedNutrition.com/wellness1](http://www.AppliedNutrition.com/wellness1)

## AMAZING RAINFOREST DISCOVERY YERBA MATÉ POWER-BURN DIET



This unique blend of teas, super fruits, botanicals and nutrients is scientifically-formulated to nourish the body, boost energy and burn calories.\*

**Yerba Maté & Green Tea** deliver some of the most powerful antioxidant compounds found in nature, plus clinically-researched levels of EGCG + natural caffeine from Yerba Maté for effective fat-burning.\*

**Super Berry Antioxidant Blend** including Maqui Berry, Acai Berry, Coffee Berry and Mulberry – supplies a wide spectrum of vital nutrients and cell protecting antioxidants.\*



**Energizing Adrenal Support Blend** delivers three highly-regarded botanicals that can help to enhance energy and counter the effects of stress on the body.\*

**Metabolic Thyroid Support Blend** contains L-Tyrosine and Iodine – the two building blocks that are necessary for proper thyroid hormone function (the key to metabolism).\*

**Chromium Picolinate** is an essential nutrient required for carbohydrate, fat and protein metabolism.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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## Amazing Rainforest Discovery YERBA MATÉ POWER-BURN DIET™

*Experience the Powerful Weight Loss Benefits of Yerba Maté, Matcha Tea & Green Tea, plus Super-Fruit Antioxidant Protection!*



**FAT BURNING\***  
Yerba Maté • Green Tea



**ANTIOXIDANTS\***  
Acai • Mulberry • Maqui Berry



**ENERGY\***  
Ginseng • Ashwagandha



**METABOLISM\***  
Seaweed • Chromium Picolinate

## Experience the Transformative Power of Yerba Maté in Just 2 Weeks!



Yerba Maté (pronounced "mah-tay") is the legendary South American botanical originally grown in the sub-tropical rainforests of Argentina, Brazil and Paraguay. Prized for its nutritional value and energizing properties, Yerba Maté is widely consumed as a daily herbal tea beverage.\* Still relatively unknown outside of South America, its long-standing reputation as a powerful weight-loss aid has recently attracted the attention of scientists and health-conscious consumers worldwide.\*

Yerba Maté Power-Burn Diet combines this amazing rainforest botanical with some of the very best ingredients for holistic weight management.\* When paired with a reduced calorie diet and exercise, this truly innovative weight loss formula can help you to achieve a healthier body weight... in just 2 weeks.

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Applied Nutrition® is committed to developing science-based products that exceed the highest standards for quality and purity. As a leader in innovation, we continuously strive to bring forward new ideas and groundbreaking formulas that enhance your health and well-being.

To learn more about our products, please visit us online at:

[www.AppliedNutrition.com](http://www.AppliedNutrition.com)

DIETARY SUPPLEMENT • 60 TABLETS