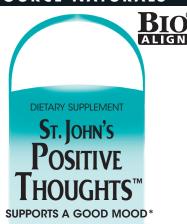
SOURCE NATURALS®



90 TABLETS

Supplement Facts Serving Size 3 Tablets Servings Per Container 30

Total Carbohydrate	A	mount Per Serving	%DV
Dietary Fiber 1 g 4% 1 g 7 km 1 g 4% 1 g 1 km 1 g 1 km 1 g 1 km 1	Calories	10	
Vitamin C (as zinc ascorbate) 54 mg 90% Thiamin (as vitamin B-1) 25 mg 1,467% Riboflavin (as vitamin B-2) 25 mg 1,467% Riboflavin (as vitamin B-2) 25 mg 1,467% Niacinamide 50 mg 250% Vitamin B-1 (as pyridoxine HCl) 50 mg 250% Folate (as folic acid) 800 mcg 200% Vitamin B-12 (as cyanocobalamin) 30 mcg 500% Blotin 300 mcg 100% Pantothenic Acid (as calcium o-pantothenate) 25 mg 250% Partothenic Acid (as calcium o-pantothenate) 200 mg 50% Magnesium (as magnesium oxide & taurinate) 200 mg 50% Zince (as zinc ascorbate) 10 mg 67% Manganese (as manganese citrate) 3 mg 150% Sodium 500 mg 15 mg 18 SABA (agamma-aminobutyric acid) 500 mg 500 mg 17 SABV (agamma-aminobutyric acid) 202 mg 100 mg 17 Tyrosine 200 ka Aerial Parts Extract 100 mg	Total Carbohydrate	1 g	<1%*
Thiamin (as vitamin B-1) 25 mg 1,667%		1 g	4%*
Riboflavin (as vitamin B-2) 25 mg 1,470% Niacinamide 50 mg 250% Vitamin B-B (as pyridoxine HCl) 50 mg 250% Folate (as folic acid) 800 mcg 200% Vitamin B-12 (as cyanocobalamin) 30 mcg 300			90%
Vision So mg 250% So mg 250%		25 mg	
Vitamin B-6 (as pyridoxine HCI) 50 mg 2,500% Folate (as folic acid) 800 meg 200% Vitamin B-12 (as folic acid) 300 mg 500% Biotin 300 mg 100% Biotin 300 mg 100% Partothenic Acid (as calcium o-pantothenate) 25 mg 250% Calcium 122 mg 122 mg 122 mg Magnesium (as magnesium oxide & taurinate) 200 mg 50% Zinc (as zinc ascorbate) 10 mg 67% Manganese (as manganese citrate) 3 mg 150% Sodium 15 mg 1% St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg 18 SABA (<i>gamma-aminobutyric</i> acid) 500 mg 1 Jaurine (as magnesium taurinate) 222 mg -7 -Tyrosine 200 mg 1 30tu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg 1			1,470%
Rolate (as folic acid) 800 mcg 200%	Niacinamide	50 mg	
Witamin B-12 (as cyanocobalamin) 30 mcg 500% Biotin 300 mcg 100% Parntothenic Acid (as calcium b-pantothenate) 28 mg 250% Zalcium 122 mg 122 mg Magnesium (as magnesium oxide & taurinate) 200 mg 50% Zinc (as zinc ascorbate) 10 mg 67% Manganese (as manganese citrate) 3 mg 150% Sodium 15 mg 11% St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg 16 GABA (gamma-aminiobutyric acid) 222 mg 17 Ruurine (as magnesium taurinate) 222 mg 17 -Tyrosine 200 mg 1 Sotu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg 1			
Biotin 300 mcg 100%	Folate (as folic acid)	800 mcg	
Pantothenic Acid (as calcium o-pantothenate) 25 mg 250% Calcium 122 mg 122 mg 128 mg Magnesium (as magnesium oxide & taurinate) 200 mg 50% Zinc (as zinc ascorbate) 10 mg 67% Manganese (as amnaganese citrate) 3 mg 150% Sodium 15 mg 1% St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg 1 SABA (gamma-aminobutyric acid) 500 mg 1 Tauring cias magnesium taurinate) 222 mg 1 Sotu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg 1	Vitamin B-12 (as cyanocobalamin)	30 mcg	
Calcium 122 mg 128 mg Magnesium (as magnesium oxide & taurinate) 200 mg 50% Tinc (as zinc ascorbate) 10 mg 67% Manganese (as manganese citrate) 3 mg 150% Sodium 15 mg 1% St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg 90 90 SABA (gamma-aminobutyric acid) 500 mg 1 Jaurine (as magnesium taurinate) 222 mg 1 -Tyrosine 200 mg 1 Gotu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg 1	Biotin	300 mcg	100%
Magnesium (as magnesium oxide & taurinate) 200 mg 50% Zinc (as zinc ascorbate) 10 mg 67% Walanganese (as manganese citrate) 3 mg 150% Sodium 15 mg 1% St. John's Wort Aerial Parts Ext. (0,3%) Yielding 2.7 mg Hypericins 900 mg 1 SABA (aparma-aminobutyric acid) 500 mg 1 Taurine (as magnesium taurinate) 222 mg 1 -Tyrosine 200 mg 1 Sotu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg 1	Pantothenic Acid (as calcium p-pantothenate)	25 mg	250%
Zinc (as zinc ascorbate) 10 mg 67% Manganese (as manganese citrate) 3 mg 150% Sodium 15 mg 11% St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg 18 SABA (gamma-aminobutyric acid) 500 mg 1 Largine (as magnesium taurinate) 222 mg 1 -Tyrosine 200 mg 1 Sotu Kola Aerial Parts Extract 100 mg 1 Leron Balm Leaf 100 mg 1	Calcium	122 mg	12%
Manganese (as manganese citrate) 3 mg 150% Sodium 15 mg 1% St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg 900 mg 500 mg SABA (agamma-aminobutyric acid) 500 mg 1 Jaurine (as magnesium aurinate) 222 mg 1 -Tyrosline 200 mg 1 3otu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg 1	Magnesium (as magnesium oxide & taurinate)	200 mg	50%
15 mg 15 m	Zinc (as zinc ascorbate)	10 mg	67%
St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg Hypericins 900 mg SABA (gamma-aminobutyric acid) 500 mg Illustrine (as magnesium taurinate) 222 mg -Tyrosine 200 mg Sotu Kola Aerial Parts Extract 100 mg 1 centron Balm Leaf 100 m	Manganese (as manganese citrate)	3 mg	150%
SABA (<i>apmma-aminobutyric acid</i>) 500 mg Taurine (as magnesium taurinate) 222 mg -Tyrosine 200 mg Sotu Kola Aerial Parts Extract 100 mg Lemon Balm Leaf 100 mg	Sodium	15 mg	1%
Taurine (as magnesium taurinate) 222 mg -Tyrosine 200 mg Gottu Kola Aerial Parts Extract 100 mg Lemon Balm Leaf 100 mg	St. John's Wort Aerial Parts Ext. (0.3%) Yielding 2.7 mg I	Hypericins 900 mg	t
L-Tyrosine 200 mg 1 Gotu Kola Aerial Parts Extract 100 mg 1 Lemon Balm Leaf 100 mg	GABA (gamma-aminobutyric acid)	500 mg	t
Gotu Kola Aerial Parts Extract 100 mg † Lemon Balm Leaf 100 mg †	Taurine (as magnesium taurinate)	222 mg	t
Lemon Balm Leaf 100 mg 1	L-Tyrosine	200 mg	t
Lemon Balm Leaf 100 mg † Valerian Root 100 mg †	Gotu Kola Aerial Parts Extract	100 mg	t
Valerian Root 100 mg	Lemon Balm Leaf	100 mg	Ť
	Valerian Root	100 mg	t

L-Phenylalanine	100 mg	1
DMAE (as bitartrate)	60 mg	Ŧ
L-Theanine	50 mg	7
N-Acetyl L-Tyrosine	50 mg	Ť
Relora®	50 mg	Ť

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other ingredients: dibasic calcium phosphate, stearic acid, acacia gum, modified cellulose gum, and silica.

ST. JOHN'S POSITIVE THOUGHTSTM combines mood-soothing herbs, calming factors, and uplifting amino acids. It contains the standardized herbal extract of St. John's wort yielding 0.3% hypericins. It also features valerian, Relora®, GABA, magnesium and the amino acids tarrine. Macevic I-vrosine. L-theanine. and I-oherwilalanine."

Suggested Use: 1 tablet three times daily. For optimal absorption, take between meals or with a carbothydrate meal. One tablet can be taken before bedtime. For best results, use this product for at least 6 weeks, although benefits may be experienced sooner.

WARNING: Contains phenylatanine and tyrosine. Not to be used by phenylketonurics or with antidepressant drugs containing MAOIs or SSRIs. Do not use this product what taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antilistamines, immunosuppressants, corticosteriotisd, diabetes anticoagulants, antistizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity, limit exposure to UV radiation. If you are pregnant, may become granant, breastfeeding, or have high blood pressure, consult your healthcare professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
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