

SHOP ONLINE WWW.PURITAN.COM

TO REORDER ITEM # 1153

Puritan's Pride

COD LIVER OIL

Excellent Source of Vitamins A&D

DIRECTIONS: For adults, take one (1) softgel one to four times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Cholesterol	<5 mg	1%
Vitamin A (as Retinyl Palmitate)	1,250 IU	25%
Vitamin D (as D3 Cholecalciferol)	135 IU	34%
NORD-GOLD PREMIUM™ Cod Liver Oil	415 mg	A *
provides 90 mg of Total Omega-3 Fatty Acids† comprising of: *		+
EPA (Eicosapentaenoic Acid)	37 mg	↑ *
DHA (Docosahexaenoic Acid)	36 mg	↑ *
Other Fatty Acids		* *

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (cod) ingredients.

†As Natural Triglycerides

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

Puritan's Pride® Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 1153

www.puritan.com

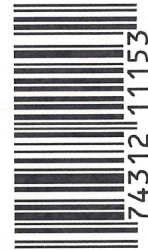
1-800-645-1030

Carefully Manufactured by PURITAN'S PRIDE, INC.

Holbrook, NY 11741 U.S.A.

© 2014 Puritan's Pride, Inc.

B1152 11E



DIETARY SUPPLEMENT

250 rapid release softgels