

Comprehensive Prostate Formula for Targeted Men's Health*



Defend your prostate gland with this advanced doctor-developed formula, combining scientifically researched nutrients with traditional botanicals for a multi-pronged approach to optimal prostate health.*

Saw Palmetto supports the male genitourinary system and promotes healthy prostate function.*

Beta Sitosterols & Pygeum are well-researched for their ability to support the prostate gland and optimize urinary flow.*

Lycopene, Pumpkin Seed, Selenium and **Zinc** provide an essential foundation for men's health, as well as prostate-specific nutritional benefits.*

Vitamin D is emerging as one of the most important nutrients for whole body health, including the prostate.*

Fish Oil is a source of Omega-3 essential fatty acids.

Plus, a blend of time-tested urinary botanicals helps to give additional nutritional support to the urinary system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Plus **Vitamin D3**
& **Omega-3 Oils**
In Fast-Acting Liquid Soft-Gels!

appliednutrition



Doctor Developed PROSTATE DEFENSE

Healthy Prostate & Urinary Flow
with Advanced **BETA-SUPPORT**



Saw Palmetto, Lycopene
& Pumpkin Seed Oil for
Optimal Prostate Health*



Cranberry & Juniper
for Urinary Tract
Health*

DIETARY SUPPLEMENT • 50 LIQUID SOFT-GELS

Why care for the Prostate?



A healthy prostate is essential to a man's urinary and sexual health. The prostate is a walnut-sized gland that encircles the urinary canal at the base of the bladder and serves three primary functions in the body:

- to act as a muscular valve to prevent the backflow of urine
- to produce a portion of semen
- to help eject semen during sexual intercourse

The need for a healthy prostate becomes more apparent as men age, which is why it is important to start taking care of your prostate early.*

Supporting Men's Health... Naturally*

We understand that men are seeking natural solutions for optimizing their health.* That's why we've developed this unique men's health formula that provides targeted nutritional support for the prostate gland.* We believe that maintaining healthy prostate function is one of the most important steps that men can take to enhance their quality of life and overall well being.*



Applied Nutrition is committed to developing science-based products that exceed the highest standards for quality and purity. As a leader in innovation, we continuously strive to bring forward new ideas and groundbreaking formulas that enhance health and well-being. To view our entire line of products, please visit us online at:

www.AppliedNutrition.com

Prostate Defense[®] Healthy Prostate & Urinary Flow[™]

DIRECTIONS: (Adult) Take two (2) Soft-Gels daily.

Supplement Facts

Serving Size: 2 Soft-Gels
Servings per Container: 25

	Amount per Serving	% Daily Value
Vitamin D (as Vitamin D3)	400 IU	100%
Zinc (as Zinc Citrate)	10 mg	67%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	286%
Saw Palmetto extract (85% fatty acids/fruit)	320 mg	†
Pygeum extract (2.5% sitosterols/bark)	100 mg	†
Beta Sitosterol	60 mg	†
Pumpkin Seed Oil	50 mg	†
Lycopene 10%	10 mg	†
Urinary Tract Complex	50 mg	†
†Daily Value not established		

Other Ingredients: Fish oil, gelatin, purified water, beeswax, soy lecithin, glycerin, caramel color, silicon dioxide and St. John's bread.

Contains: Soy, Fish (anchovy, sardine)

Usage Warnings: Do not use if seal is broken. Check with your doctor before using this product if you are taking medication or have a medical condition, including heart disease, high blood pressure and hormone-sensitive conditions. Do not use if pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18 years of age. **KEEP OUT OF THE REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
Applied Nutrition[™], P.O. Box 66457, Los Angeles, CA 90066