

USAGE: Take 2 softgels 1 to 2 times per day after a meal or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product. Do not take if allergic to any of the ingredients in this product.

Jarrow FORMULAS® AllerTame™ combines plant extracts with documented benefits to support a healthy inflammatory response, especially in seasons when the body is more sensitive to environmental factors.* **Petasin™** is a butterbur extract prepared by a patented extraction process that removes potentially toxic alkaloids. Quercetin and omega-3 fatty acids from perilla oil may promote a healthy inflammatory response to environmental challenges; the rosemary antioxidant rosmarinic acid has shown similar effects in clinical studies.*

Store in a cool, dry place.
Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Jarrow
FORMULAS®

AllerTame™

Promotes Healthy Immune Function*

60 Softgels Dietary Supplement

Supplement Facts

Serving Size 2 Softgels Servings Per Container 30

Amount Per Serving

Butterbur Extract (petals) (Petasin™)	50 mg †
Perilla Oil (55% alpha linolenic acid)	1,000 mg †
Rosemarinic Acid (from rosemary)	20 mg †
Quercetin	200 mg †

† Daily Value not established.

Other Ingredients: Bromelain, medium-chain glycerides oil, beeswax, and lecithin (from soy). Softgel consists of gelatin, glycerin, and caramel (light barrier).

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Lot #. Best Used Before:

