

**Suggested Usage:** Take 6 capsules daily, preferably in divided doses.

Shark Cartilage is an excellent source of Calcium and also has naturally occurring Mucopolysaccharides, which are also known as glycosaminoglycans (GAGs). GAGs are the components of cartilage tissue that lubricate and cushion joints against shock.\* Due to its high Calcium content, Shark Cartilage also helps to promote skeletal health.\* NOW® Shark Cartilage is derived from pure freeze dried backbone of sharks that are harvested and used for food purposes. This product is thoroughly tested for important shark components and has no solvents, bleaches or chemical processing agents.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, recovering from recent surgery, or have a medical condition (especially a heart/circulatory condition or hypercalcemia). Keep out of reach of children.

Do Not Eat Freshness Packets.  
Keep in Bottle.

Natural color variation may occur  
in this product.

EUA # 1482865

CODE 3272 V10



CAPSULE SIZE



# Shark Cartilage

## 750 mg

Promotes Skeletal Health\*

Naturally occurring  
Mucopolysaccharides and Calcium

300 Capsules

A Dietary Supplement



General Health

Family owned since 1968.

## Supplement Facts

Serving Size 6 Capsules Servings Per Container 50

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	1 g	< 1%*
Protein	2 g	4%*
Calcium	1,000 mg	77%
Sodium	55 mg	2%
Shark Cartilage (with natural mucopolysaccharides)	4.5 g (4,500 mg)	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium Stearate (vegetable source), Stearic Acid (vegetable source) and Silica.

Contains fish (shark).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

