

Suggested Usage: Take 1 capsule daily, preferably with a meal.

Alpha Lipoic Acid (ALA) is naturally produced in the human body in very small amounts, but is also available in some foods. ALA is unique in that it can function in both water and fat environments.* ALA promotes the production of glutathione and can also recycle vitamins C and E, thereby enhancing their antioxidant activities.* In addition, ALA may help to maintain healthy neural tissues, promote proper glucose metabolism and support healthy cardiovascular function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially insulin or anti-diabetes drugs), or have a medical condition (especially diabetes). Keep out of reach of children.

Do not eat freshness packet. Keep in bottle.
Natural color variation may occur in this product.
Store in a cool, dry place after opening.
Bioperine® is a registered trademark of Sabinsa Corporation.

CODE 3045B V7



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CAPSULE SIZE



Extra Strength Alpha Lipoic Acid 600 mg

Free Radical Scavenger*

With Grape Seed Extract & Bioperine®
120 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid (Granules)	600 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	30 mg	†
Black Pepper Fruit Extract (Bioperine®)	5 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This extra strength product has more Alpha Lipoic Acid (600 mg per capsule) than our regular strength product (100 mg per capsule).

