

Suggested Usage: Take 1 softgel daily with a meal.

NOW® Phosphatidyl Serine is a phospholipid compound derived from soy lecithin that plays an essential role in cell membrane composition and intercellular communication.* Phosphatidyl Serine is a major structural component of neural membranes where it assists in the conduction of electrical impulses and facilitates the activity of neurotransmitters involved in learning, memory, and mood.* These properties make NOW® Phosphatidyl Serine an ideal supplement for the support of cognitive function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not eat freshness packet. Keep in bottle.

Natural color variation may occur in this product.

CODE 2392 V1



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Extra Strength Phosphatidyl Serine 300 mg

Cognitive Health*

- Supports Memory and Brain Function*
- Promotes Intercellular Communication*

50 Softgels

A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Phosphatidyl Serine	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: MCT Oil (Medium Chain Triglycerides), Softgel Capsule (bovine gelatin, glycerin, water, caramel color), Sunflower Lecithin and Silica.

Phosphatidyl Serine from soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This extra strength product has three times the Phosphatidyl Serine (300 mg per softgel) than our regular strength product (100 mg per softgel).

Store in a cool, dry place after opening.

