

Suggested Usage: Take 1 softgel 1 to 3 times daily with food.

NOW® Phosphatidyl Serine with Ginkgo Biloba combines two ingredients that can help to support healthy mental activity.* Phosphatidyl Serine (PS) is a naturally occurring phospholipid derived from soy that plays a critical role in proper cellular membrane function.* It is especially important in the brain and nervous system where PS is critical for mental functions such as memory, attentiveness, and reaction time.* *Ginkgo biloba* may support brain health through its powerful free radical scavenging activity, as well as through other biological mechanisms.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not for pregnant or nursing women. Consult physician if taking medications (especially anticonvulsants, antidepressants, and those that may affect bleeding time), have a medical condition (including liver disease and coagulation disorders), or are planning to have surgery. Do not exceed recommended dosage. Keep out of reach of children.

SOFTGEL SIZE

CODE 2386 V6



Phosphatidyl Serine

100 mg

Cognitive Health*

With Ginkgo Biloba Extract
60 mg

100 Softgels
A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%*
Phosphatidyl Serine (from soy)	100 mg	†
Ginkgo Extract (<i>Ginkgo biloba</i>) (Leaf) (min. 24% Ginkgoflavonglycosides and 6% Terpene Lactones)	60 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Soybean Oil, Glycerin and Natural Mixed Tocopherols.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.

