



# Plant Protein Complex

**Creamy Vanilla**

**POWER SIZE**

**Vegan Protein Blend of  
Pea, Hemp, Quinoa  
Non-GMO, 22 g Protein  
No Soy, No Dairy**

**NET WT. 6 LBS. (2722 g)**



CODE 2216B V2



**SUGGESTED USAGE:** Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage, and blend.

If you're an active vegetarian or vegan then you know how difficult it can be to find a premium quality vegetarian protein powder. NOW® Sports Plant Protein Complex is specifically formulated to address your needs with a non-GMO vegan protein blend from Pea, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched-chain amino acids and 1,800 mg of L-Arginine. Naturally sweetened with Xylitol and Stevia, NOW® Sports Plant Protein Complex is the ideal protein product for your active vegetarian lifestyle.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

## Nutrition Facts

72 servings per container

**Serving size 1 level scoop (38g)**

**Amount per serving**

**Calories 130**

% Daily Value\*

**Total Fat 2g 3%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol 0mg 0%**

**Sodium 360mg 16%**

**Total Carbohydrate 7g 3%**

Dietary Fiber 2g **7%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

Xylitol 2g

**Protein 22g 44%**

Vitamin D 0mcg 0%

Calcium 26mg 2%

Iron 6mg 35%

Potassium 149mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** YELLOW PEA PROTEIN ISOLATE, NATURAL FLAVORS, QUINOA PROTEIN, XYLITOL, HEMP PROTEIN, BETTERSTEVIA® (ORGANIC STEVIA LEAF EXTRACT), XANTHAN GUM, STEVIA LEAF EXTRACT (REBAUDIOSIDE A).

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## Typical Amino Acid Profile (example) (per serving)\*\*

| Essential Amino Acids     | mg Per 38 g Serving |
|---------------------------|---------------------|
| L-Histidine               | 544                 |
| L-Isoleucine***           | 997                 |
| L-Leucine***              | 1834                |
| L-Lysine                  | 1615                |
| L-Methionine              | 213                 |
| L-Phenylalanine           | 1203                |
| L-Threonine               | 856                 |
| L-Tryptophan              | 196                 |
| L-Valine***               | 1087                |
| Non-Essential Amino Acids |                     |
| L-Alanine                 | 906                 |
| L-Arginine                | 1675                |
| L-Aspartic Acid           | 2559                |
| L-Cysteine                | 331                 |
| L-Glutamic Acid           | 3930                |
| Glycine                   | 912                 |
| L-Proline                 | 960                 |
| L-Serine                  | 1143                |
| L-Tyrosine                | 824                 |

\*\* subject to natural variability

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*\*\*Branched-Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Please Recycle.