

SUGGESTED USAGE: Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage, and blend.

If you're an active vegetarian or vegan then you know how difficult it can be to find a premium quality vegetarian protein powder. NOW® Sports Plant Protein Complex is specifically formulated to address your needs with a non-GMO vegan protein blend from Pea, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched-chain amino acids and 1,800 mg of L-Arginine. Naturally sweetened with Xylitol and Stevia, NOW® Sports Plant Protein Complex is the ideal protein product for your active vegetarian lifestyle.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Natural color variation may occur in this product.

CODE 2129B V4



now
SPORTS

Plant Protein Complex

Creamy Vanilla

**Vegan Protein Blend of
Pea, Hemp, Quinoa
Non-GMO, 22 g Protein
No Soy, No Dairy
NET WT. 2 LBS. (907 g)**



Nutrition Facts

24 servings per container

Serving size 1 level scoop (38g)

Amount per serving
Calories 130

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 360mg 16%

Total Carbohydrate 7g 3%

Dietary Fiber 2g **7%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

Xylitol 2g

Protein 22g 44%

Vit. D 0mcg 0% • Calcium 26mg 2%

Iron 6mg 35% • Potas. 149mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: YELLOW PEA PROTEIN ISOLATE, NATURAL FLAVORS, QUINOA PROTEIN, XYLITOL, HEMP PROTEIN, BETTERSTEVIA® (ORGANIC STEVIA LEAF EXTRACT), XANTHAN GUM, STEVIA LEAF EXTRACT (REBAUDIOSIDE A).

Typical Amino Acid Profile
(example) (per serving)**

Essential Amino Acids	mg Per 38 g Serving
L-Histidine	544
L-Isoleucine***	997
L-Leucine***	1834
L-Lysine	1615
L-Methionine	213
L-Phenylalanine	1203
L-Threonine	856
L-Tryptophan	196
L-Valine***	1087
Non-Essential Amino Acids	
L-Alanine	906
L-Arginine	1875
L-Aspartic Acid	2559
L-Cysteine	331
L-Glutamic Acid	3930
Glycine	912
L-Proline	960
L-Serine	1143
L-Tyrosine	824

** subject to natural variability

NOW FOODS
395 S. GLEN ELLYN RD.
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nowsportsproducts.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched-Chain Amino Acids
This product is sold by weight not volume.

Store in a cool, dry, dark place after opening. Please Recycle.