SOURCE NATURALS®



Supplement Facts

Serving Size 5 Tablets Servings Per Container 30

Amount Per	Serving	%DV
Calories	20	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Protein	1 g	2%*
Niacin (as inositol nicotinate)	400 mg	2,000%
Chromium (as chromium	200 mcg	167%
polynicotinate [ChromeMate®] & chromium picolii	nate)	
L-Arginine L-Pyroglutamate	1 g	†
L-Lysine HCI	750 mg	†
L-Glutamine	500 mg	†
Acetyl L-Carnitine HCI	450 mg	†
Glycine	400 mg	†
GABA (gamma-aminobutyric acid)	350 mg	†
L-Ornithine HCI	250 mg	†
Ornithine Ketoglutarate	250 mg	†
L-Citrulline	250 mg	†
DMAE (as bitartrate)	100 mg	†
Ginkgo Leaf Extract	100 mg	†
(24% flavone glycosides & 6% terpene lactones)		
Velvet Bean Standardized Extract 60%	75 mg	†
Yielding 45 mg ∟-Dopa		
5-HTP (L-5-Hydroxytryptophan)	50 mg	†
Huperzine A (from Huperzia serrata whole plant extract)	50 mcg	†
*Percent Daily Values (%DV) are based on a 2,000 calorie †Daily Value not established.	diet.	

Other ingredients: silicified microcrystalline cellulose, microcrystalline cellulose, silica, stearic acid, and magnesium stearate.

Source Naturals **HGH SURGE™** is a multifaceted, Bio-Aligned® approach to the promotion of healthy levels of natural human growth hormone. HGH SURGE contains nutritional and neurotransmitter support shown to stimulate the body's production and release of human crowth hormone.*

Suggested Use: 5 tablets before exercise and/or at bedtime with plenty of water at least two hours after the last meal. Discontinue use or reduce dosage if any of the following symptoms are present: nausea, excessive salivation, vomiting, diarrhea, muscle spasms, cramps, excessive urination, insomnia, headache, cardiac arrhythmias, high blood pressure, or changes in mood or emotional balance.

WARNING: Not for use by children, women who are pregnant, may become pregnant, or breastfeeding, or anyone who has been diagnosed with any form of cancer. If you have psychiatric disturbances, ulcers, diabetes, tremors, epilepsy, asthma, urinary incontinence, cardiac arrhythmia, high blood pressure, or carpal tunnel syndrome, or if you are taking warfarin (Coumadin®), or any other prescription medication, consult your physician before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN1704 REV C172-J (49)



