

NO Dairy
NO Yeast

Gluten Free
NO Lactose



The MOST COMPLETE MULTIVITAMIN*



**Supports Energy
Metabolism, Heart
& Prostate Health****

**60
Coated
Caplets**

*With Vitamin
D3 4000 IU
per serving*

**Dietary
Supplement**

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 5		Molybdenum (as Sodium Molybdate) 75 mcg.....	100%
Total Carbohydrate 1 g.....	<1%	Sodium 10 mg.....	<1%
Vitamin A (50% as Beta-Carotene; 50% as Vitamin A Acetate) 5,000 IU.....	100%		
Vitamin C (as Ascorbic Acid) 300 mg.....	500%	Proprietary Amino Acid Blend 60 mg.....	†
Vitamin D3 (as Cholecalciferol) 4,000 IU.....	1000%	Taurine, L-Arginine, L-Glutamine, L-Carnitine Tartrate	
Vitamin E (as d-Alpha Tocopheryl Acetate) 100 IU.....	333%	Proprietary Antioxidant Fruit and Vegetable Blend 50 mg.....	†
Vitamin K (as Phytonadione) 80 mcg.....	100%	Blueberry Fruit Extract, Carrot Root Extract, Spinach Leaf Extract, Tomato Fruit Extract, Broccoli Flower Extract, Citrus Bioflavonoids	
Thiamin (Vitamin B1) (as Thiamine Mononitrate) 50 mg.....	3333%	Saw Palmetto (fruit) Extract 30 mg.....	†
Riboflavin (Vitamin B2) 50 mg.....	2941%	Alpha Lipoic Acid 20 mg.....	†
Niacin (as Niacinamide) 50 mg.....	250%	EGCG (from Green Tea Leaf Standardized Extract) 10 mg.....	†
Vitamin B6 (as Pyridoxine Hydrochloride) 50 mg.....	2500%	Choline (as Choline Bitartrate) 10 mg.....	†
Folic Acid 400 mcg.....	100%	Inositol 10 mg.....	†
Vitamin B12 (as Cyanocobalamin) 50 mcg.....	833%	Silica (as Calcium Silicate & Silicon Dioxide) 4 mg.....	†
Biotin 300 mcg.....	100%	Boron (as Sodium Borate) 2 mg.....	†
Pantothenic Acid (as Calcium Pantothenate) 50 mg.....	500%	Lutein 995 mcg.....	†
Calcium (as Calcium Citrate & Calcium Carbonate) 200 mg.....	20%	Lycopene 995 mcg.....	†
Iodine (as Potassium Iodide) 150 mcg.....	100%	Zeaxanthin 50 mcg.....	†
Magnesium (as Magnesium Oxide) 100 mg.....	25%	Vanadium (as Sodium Metavanadate) 10 mcg.....	†
Zinc (as Zinc Oxide) 25 mg.....	167%		
Selenium (as Sodium Selenate) 200 mcg.....	286%		
Copper (as Cupric Oxide) 2 mg.....	100%		
Manganese (as Manganese Sulfate) 2 mg.....	100%		
Chromium (as Chromium Chloride) 120 mcg.....	100%		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Cyclodextrin, Modified Food Starch, Croscarmellose Sodium, Hypromellose, Stearic Acid, Titanium Dioxide Color, Crospovidone, Magnesium Stearate, Polyethylene Glycol, Caramel Color, Artificial Flavor, Polysorbate 80. **CONTAINS: SOY**
Green Tea Extract contributes a dietetically insignificant amount of caffeine.

DIRECTIONS: As a dietary supplement for adults, take two caplets daily with food. Do not exceed recommended dose. Do not take this product with other dietary supplements containing Vitamin D.

Caution: If you are being treated for a prostate problem or are experiencing symptoms such as painful, frequent or difficult urination, consult your physician.

Remember: It is recommended that all men over 50 have an annual prostate examination by their primary care physician. You should inform your physician that you are taking this product.

Caution: If you are taking medication, are planning any medical procedure, have a medical condition or have bleeding problems, consult your doctor before taking this product.

Keep out of the reach of children.
Store in a cool, dry place.

†Based on the number of nutrients of leading food, drug, mass multivitamins.

**DO NOT USE IF PRINTED
SEAL UNDER CAP IS BROKEN
OR MISSING**

35 Nutrients

(Questions or comments?)

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**MANUFACTURED BY
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FILL LEVEL

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