These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by: Ayurvedic Rasayanas 509 Siskiyou Blvd. P.O. Box 719 Ashland. OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight
Dietary supplement - Allergy Information: Contains Ghee made from milk.
Dietary Recommendations: May support tranquility, happiness, and the nervous system.
VATA or ARA balancing



Supplement Facts

| Amount per serving 1tsp. (6g) | Serving per container- 50 |
|---------------------------------|---------------------------|
| Amount per serving: Calories 25 | % Daily Values* |
| Fat 1g | 1% |
| Saturated Fat 1g | 1% |
| Total Carbohydrate 4g | 1% |
| Sugars 3g | + |
| Protein 0g | + |

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown Rice Syrup, Ghee (milk, sall), Tamarind fruit concentrate 1g + Proprietary blend of standardized extracts: Ashwagandha root (3:1) Gotu Kola leaf (4:1) Bacopa (8:1), Jatamansi root (10:1) Shankhpushpi whole (10:1) Tulasi root (5:1), Shlajit (6:1) Haritaki fruit (4:1) Gingko leaf (4:1) Sage leaf (4:1), Licorice root (5:1) Valerian root (8:1) Analaki fruit (5:1), Shakavari root (3:1) Pippali fruit (4:1) Golden Root (4:1)

Proprietary blend of powdered herbs: Nutmeg nut, Cardamom seed, Ginger root, Cinnamon bark, Mugwort herb. Fennel seed, and Aiwain seed

Proprietary blend of pure essential oils: Sage leaf, Tulasi root, Jatamansi root, Mugwort herb, Peppermirt leaf, Valerian root, Cinnamon bark, Pennyroyal leaf, Nutmeg seed, Ajwain seed Ginger root, Fennel seed

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

PEACE OF MIND