

Directions: Adults - take one tablet daily with water, as a dietary supplement or as directed by a doctor. As with any supplement, if you are pregnant, nursing, or taking medication, consult your physician before use.

Other Information:

- Store at room temperature
- Keep lid tightly closed in a dry place
- Do not use if imprinted safety seal under cap is broken or missing.
- Keep out of Reach of Children

Questions?

If you have any questions or comments, or to report an adverse event, please contact (800) 795-9775.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed By: Plus Pharma, Commack, NY 11725

LOT#
EXP. DATE:

Plus**PHARMA**[™]

VITAMIN **B-12**

1000 mcg



- Essential for normal formation of blood cells[†]
- Plays an important role in nervous system health[†]

DIETARY SUPPLEMENT

100 TABLETS • 1000 mcg each

SUPPLEMENT FACTS

Serving Size One tablet

Amount Per Serving % Daily Value

Vitamin B12 1000 mcg 16667%
(as cyanocobalamin)

Calcium 23 mg 2%
(from dicalcium phosphate dihydrate)

Other Ingredients:

Microcrystalline Cellulose,
Stearic Acid, Silica, Magnesium
Stearate.

