

SUPPLEMENT FACTS (Continued)

Amount per serving	% Daily Value	
Chromium (from chromic chloride)	15 mcg	13%
Molybdenum (from sodium molybdate)	15 mcg	20%
Chloride (from potassium chloride)	7.5 mg	*
Potassium (from potassium chloride)	7.5 mg	*

*Daily value not established

Other Ingredients: Microcrystalline Cellulose, Gelatin, Stearic Acid, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Sodium Lauryl Sulfate, Silica, Magnesium Stearate, FD&C Red #40, Maltodextrin, Whey Protein, FD&C Blue #2, Titanium Dioxide, FD&C Yellow #6, Propylene Glycol, Triacetin.

Contains: Milk Products.

Directions: Adults – Take one caplet daily with water, as a dietary supplement, or as directed by a doctor. Take with food if stomach upset occurs. As with any supplement, if you are pregnant, nursing, or taking medication, consult your physician before use.

Other Information: • Store at room temperature in a dry place • Keep out of reach of children • Do not use if imprinted Safety Seal under cap is broken or missing

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, contact a poison control center or a doctor immediately.

Questions? If you have any questions or comments, or to report an adverse event, please contact (800) 795-9775.

LOT#

EXP. DATE:

Plus**PHARMA**[™]

Thera-M

**High Potency
Multivitamin/Multimineral
Supplement**

130 CAPLETS

SUPPLEMENT FACTS

Serving Size One caplet

Amount per serving	% Daily Value	
Vitamin A (as retinyl acetate)	5500 IU	110%
Vitamin C (ascorbic acid)	120 mg	200%
Vitamin D3 (cholecalciferol)	400 IU	100%
Vitamin E (dl-alpha tocopheryl acetate)	30 IU	100%
Thiamine	3 mg	200%
Riboflavin	3.4 mg	200%
Niacin (as niacinamide)	30 mg	150%
Vitamin B6 (as pyridoxine HCl)	3 mg	150%
Folic Acid	400 mcg	100%
Vitamin B12 (cyanocobalamin)	9 mcg	150%
Biotin	15 mcg	5%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (from dicalcium phosphate dihydrate and calcium carbonate)	44 mg	4%
Iron (from ferrous fumarate)	18 mg	100%
Phosphorus (from dicalcium phosphate dihydrate)	31 mg	3%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	100 mg	25%
Zinc (from zinc oxide)	15 mg	100%
Selenium (from sodium selenate)	10 mcg	14%
Copper (from cupric oxide)	2 mg	100%
Manganese (from manganese sulfate monohydrate)	5 mg	250%

Supplement Facts continued ▶



Distributed By:
Plus Pharma, Commack, NY 11725
Made in USA

Rev. 06/13