

These **Rasayanas** are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by:
Ayurvedic Rasayanas
509 Siskiyou Blvd. P.O. Box 719
Ashland, OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight
Dietary supplement: Allergy Information: Contains Ghee made from milk.
Recommendations: sleep, muscle and uterus spasms, nervousness, stress, vata and or air balancing



Dietary Supplement

Net weight 10.7oz (300g)

Supplement Facts

Amount per serving 1tsp. (6g)

Serving per container- 50

Amount per serving: Calories 25

% Daily Values*

Fat 1g	1%
Saturated Fat 1g	1%
Total Carbohydrate 4g	1%
Sugars 2g	+
Protein 0g	+

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown Rice Syrup, Ghee (milk, salt), Tamarind fruit concentrate 1g +

Proprietary blend of standardized extracts: Spikenard root (10:1) Ashwagandha root (3:1) Gotu Kola leaf (7:1) Bacopa whole (8:1) Valerian root (8:1), Bhringaraj herb (10:1) Licorice root (5:1) Sage leaf (4:1) Long pepper fruit (4:1)

Proprietary blend of powdered herbs: Nutmeg powder, Hawthorn berry, Ginger root

Proprietary blend of pure essential oils: Spikenard root, Peppermint leaf, Valerian root, Nutmeg seed, Lavender oil, Ginger root, Sage leaf

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

These statements have not been evaluated by the Food and Drug Administration. **SLEEP DEEP #10** This product is not intended to diagnose, treat, cure, or prevent any disease.