

GOODSENSE®

Women's

USP/TABLETS

Supports Bone & Breast Health**

One Daily

Multivitamin/Multimineral
Supplement

1000 IU Vitamin D 500 mg Calcium

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



100 Tablets

Directions: Adults: One tablet daily, with food. **DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING**

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	2500 IU	50%	Niacin	10 mg	50%	Iron	18 mg	100%
(20% as beta-carotene)			Vitamin B6	2 mg	100%	Magnesium	50 mg	13%
Vitamin C	60 mg	100%	Folic Acid	400 mcg	100%	Zinc	15 mg	100%
Vitamin D	1000 IU	250%	Vitamin B12	6 mcg	100%	Selenium	20 mcg	29%
Vitamin E	22.5 IU	75%	Biotin	30 mcg	10%	Copper	2 mg	100%
Vitamin K	25 mcg	31%	Pantothenic Acid	5 mg	50%	Manganese	2 mg	100%
Thiamin (Vitamin B1)	1.5 mg	100%	Calcium (elemental)	500 mg	50%	Chromium	120 mcg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%						

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Acacia, Ascorbic Acid, Microcrystalline Cellulose, Croscarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, Titanium Dioxide, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Niacinamide, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Calcium Pantothenate, Dextrose, Cupric Sulfate, Lecithin, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytonadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Biotin, Cyanocobalamin.

CONTAINS: SOY

DISTRIBUTED BY **PERRIGO®** ALLEGAN, MI 49010

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: If you are taking any medication or are planning any medical procedure, consult a doctor before taking this product.

If you are pregnant or nursing a baby, ask a doctor before using this product.

CHILD RESISTANT CAP

Store in a dry place at room temperature (59°-86°F).

Oil- and Water-Soluble Vitamins with Minerals Tablets

Gluten Free

Questions or

comments?

1-866-703-4222