

These **Rasayanas** are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by:
Ayurvedic Rasayanas
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Dosage: one teaspoon per 50lbs of weight
Dietary supplement: Allergy Information: Contains Ghee made from milk.
Recommendations: May support prolonged bleeding, uterus muscle tension, cool the body of excess heat, and help with calmness and irritability. Pitta or Fire balancing



Dietary Supplement

Net weight 10.7oz (300g)

Supplement Facts

Amount per serving 1tsp. (6g)

Serving per container- 50

Amount per serving: Calories 25

% Daily Values*

Fat 1g	1%
Saturated Fat 1g	1%
Total Carbohydrate 4g	1%
Sugars 3g	+
Protein 0g	+

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown rice syrup, Ghee (milk, salt)

Proprietary blend of standardized extracts: Ashoka bark (8:1), Shatavari root (60%) 1g +
Amalaki fruit (5:1), Barberry root (8:1), Manjishta root (10:1), Gotu Kola leaf (7:1),
Fo-ti root (10:1), Gokshura fruit (8:1)

Proprietary blend of powdered herbs: Hibiscus flower, Burdock root, Comfrey leaf,
Raspberry leaf

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

These statements have not been evaluated by the Food and Drug Administration.

MENSES EASE

This product is not intended to diagnose, treat, cure, or prevent any disease.