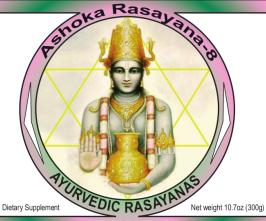
These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by: Ayurvedic Rasayanas 509 Siskiyou Blvd. P.O. Box 719 Ashland, OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight
Dietary supplement. Allergy Information: Contains Ghee made from milk.
Recommendations: May support prolonged bleeding, uterus muscle tension, cool
the body of excess heat, and help with calminess and irritability. Pitt or Fire balancing



Supplement Facts

mount per serving 1tsp. (6g)	Serving per container- 50
mount per serving: Calories 25	% Daily Values'
at 1g aturated Fat 1g otal Carbohydrate 4g	1% 1% 1%
rugars 3g Protein 0g	+ +

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown rice syrup, Ghee (milk, salt)

Proprietary blend of standardized extracts: Ashoka bark (8:1), Shatavari root (60%) 1g + Amalaki fruit (5:1), Barberry root (8:1), Manjishta root (10:1), Gotu Kola leaf (7:1), Fo-ti root (10:1), Gokshura fruit (8:1)

Proprietary blend of powdered herbs: Hibiscus flower, Burdock root, Comfrey leaf, Rasoberry leaf

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

MENSES EASE